

# “Introduction to cold atoms and Bose-Einstein condensation (II)”

Wolfgang Ketterle

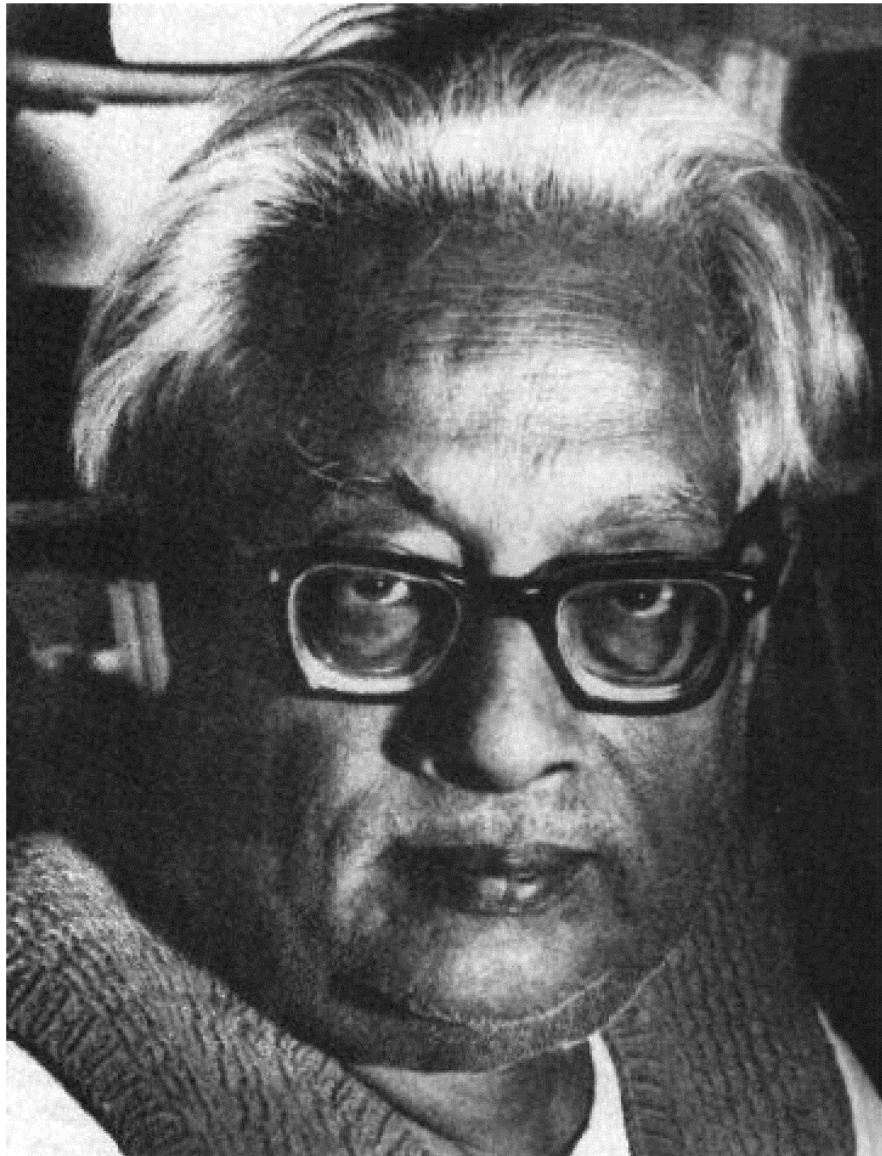
Massachusetts Institute of Technology  
MIT-Harvard Center for Ultracold Atoms



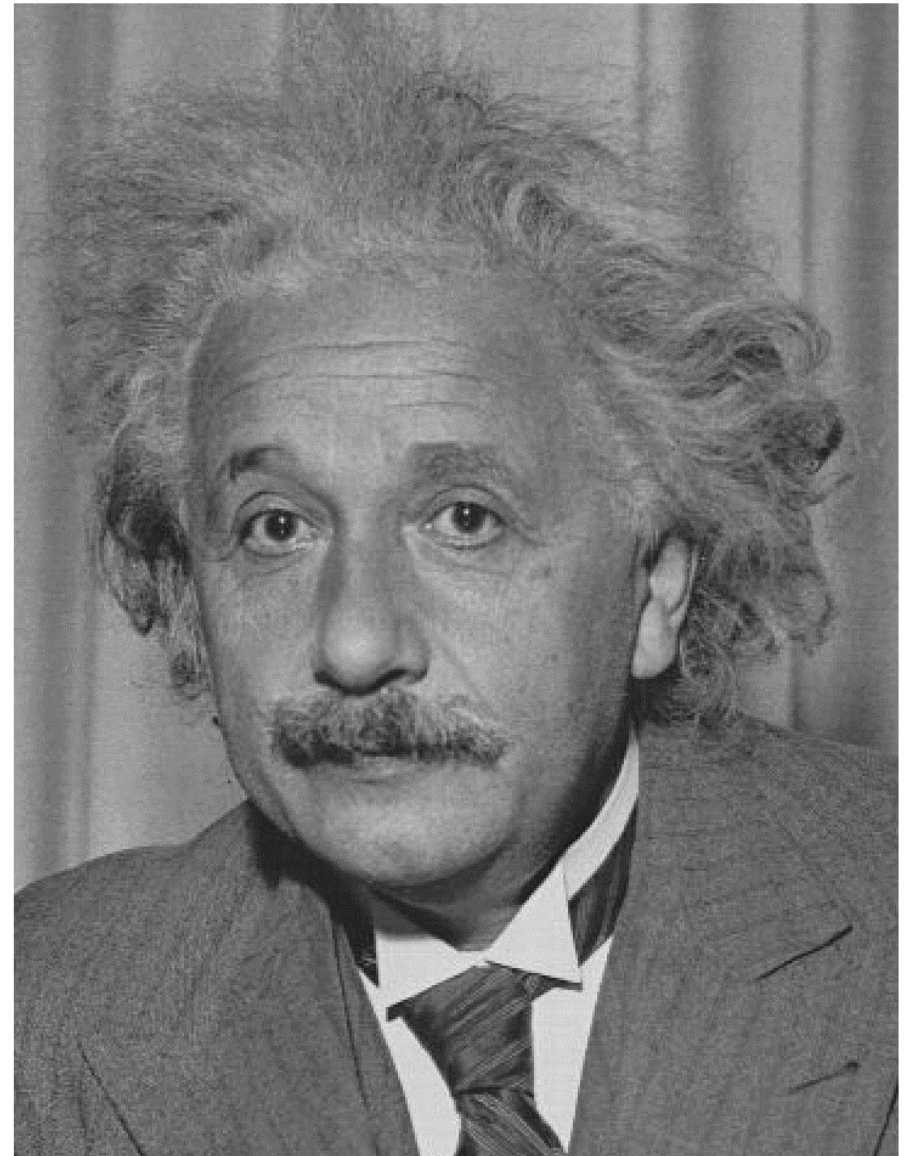
7/7/04

Boulder Summer School

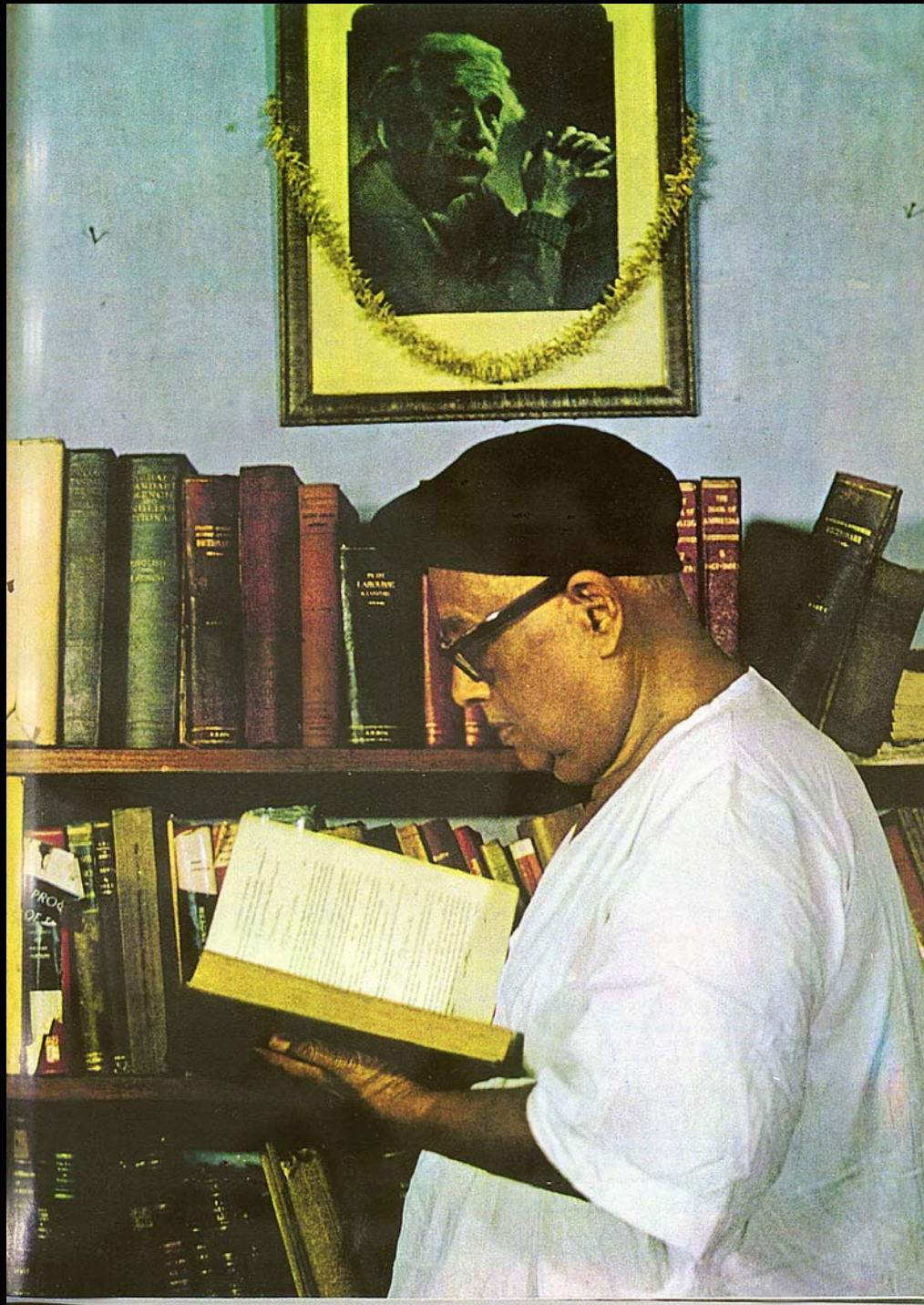
# Bose-Einstein condensation \* 1925



Satyendra Nath Bose



Albert Einstein



# History of Bose-Einstein condensation (mainly exp.)

- Theoretical prediction  
1924/25 Bose and Einstein
- Superfluidity in liquid helium  
1938 Fritz London  
1983 Reppy et al. (Cornell): BEC of helium in vycor
- Excitons (complicated interactions - no BEC observed)
- Dilute atomic gases

## Spin-polarized hydrogen:

agenda & experimental techniques (since late '70s)

MIT (*Greytak, Kleppner*) BEC '98

Amsterdam (*Silvera, Walraven*)

also: Harvard, BC, Turku, Cornell, Moscow

## Alkali atoms:

← 2D quantum degeneracy '98

Laser cooling ('80s)

Focused programs in Boulder and at MIT (since early '90s)

June '95: Boulder (*Cornell/Wieman*)

Sept. '95: MIT (*W.K.*)

July '95 [indirect evidence]: Rice (*Hulet*)

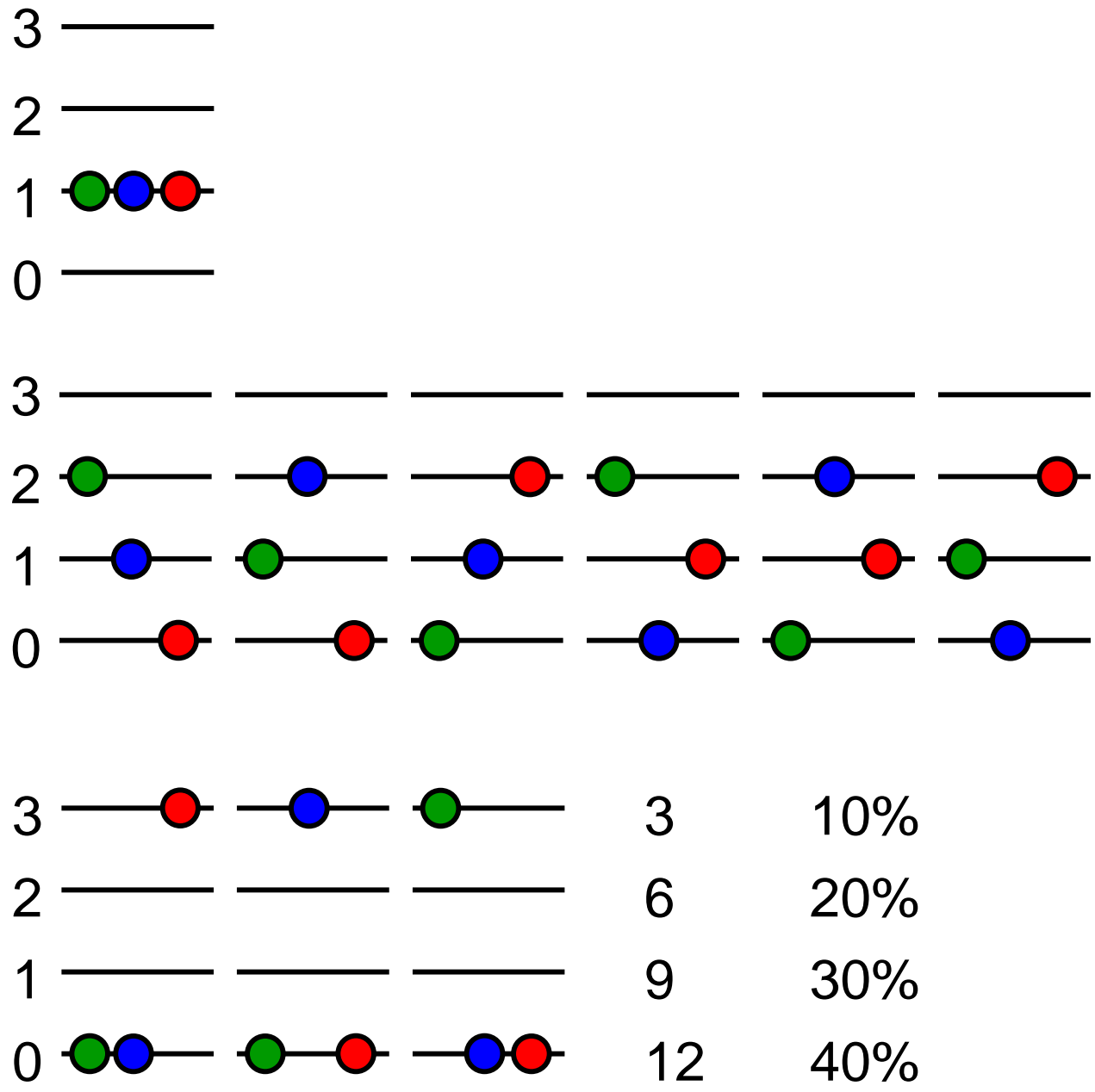
now:

many experiments



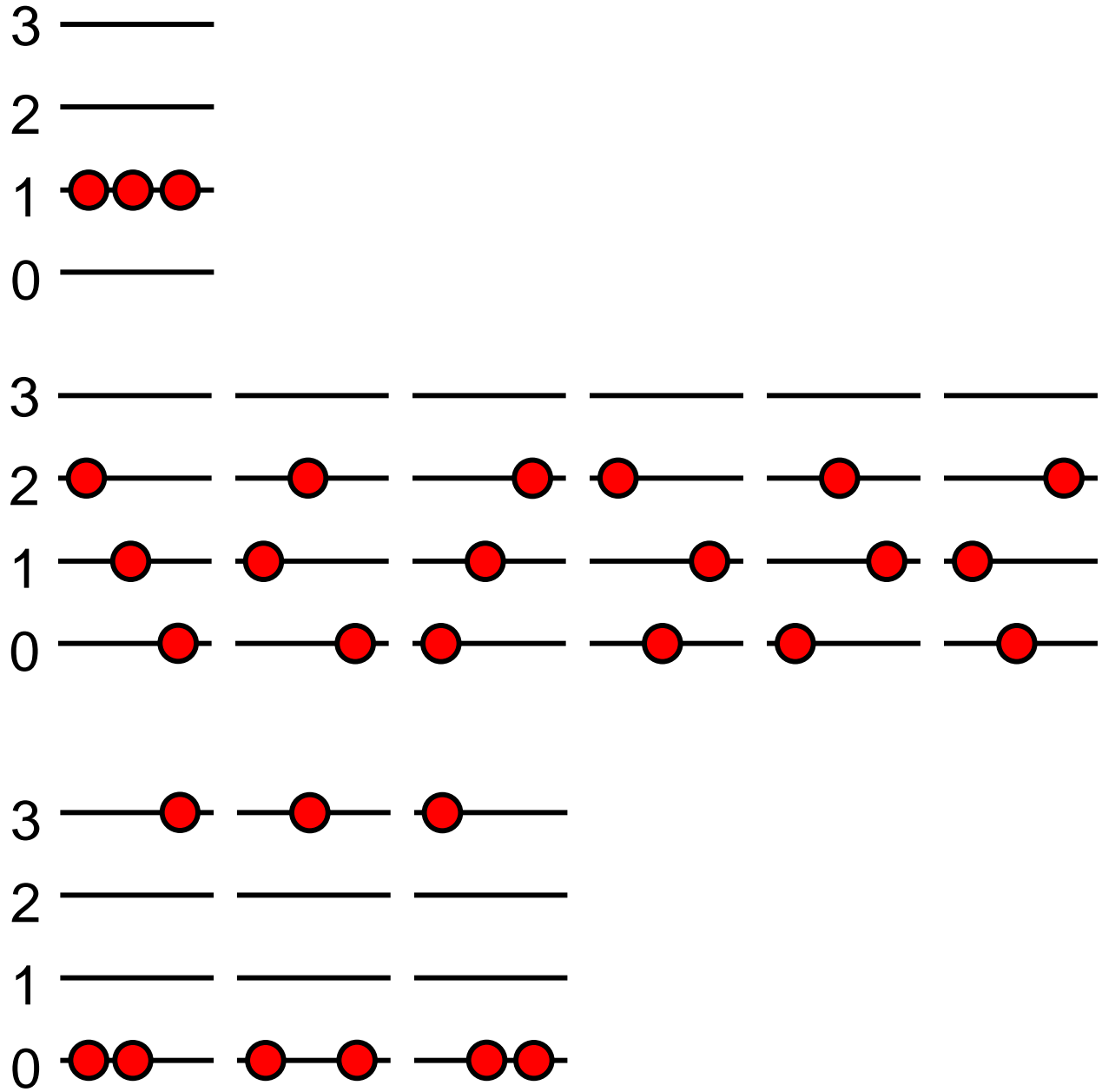
3 particles, total energy = 3

Classical



3 particles, total energy = 3

Identical



3 particles, total energy = 3

Bosons

3 ———

2 ———

1 ●●●

0 ———

3 ———

2 ●

1 ●

0 ●

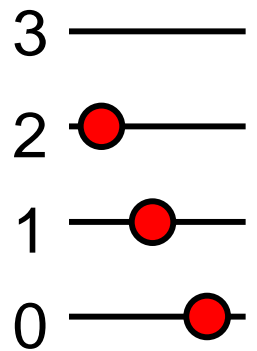
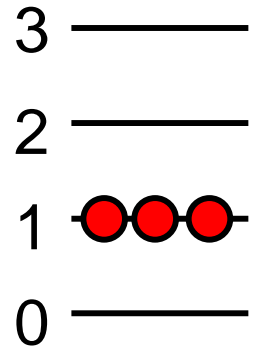
3 ●

2 ———

1 ———

0 ●●

3 particles, total energy = 3



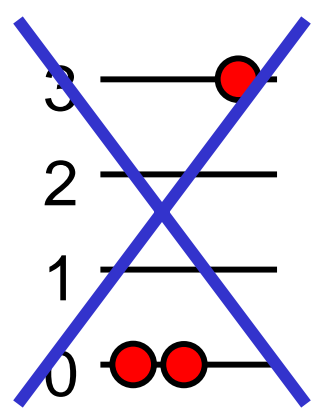
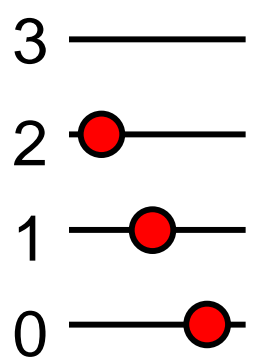
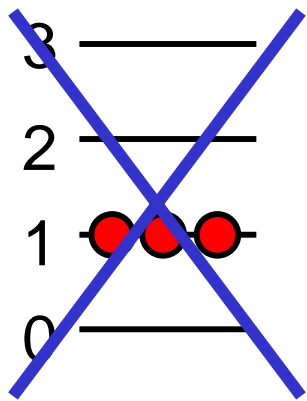
3	—●	1	11%
2	—	1	11%
1	—	4	44%
0	●●	3	33%

Bosons



3 particles, total energy = 3

# Fermions

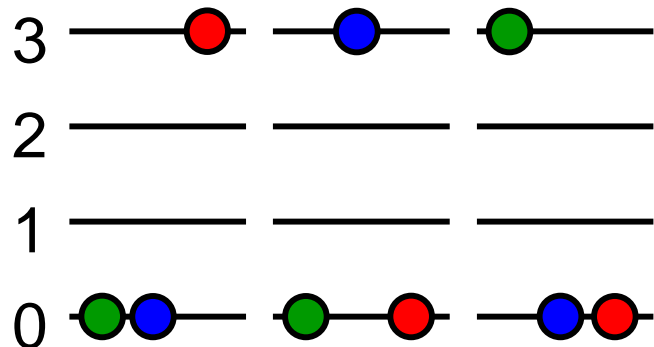
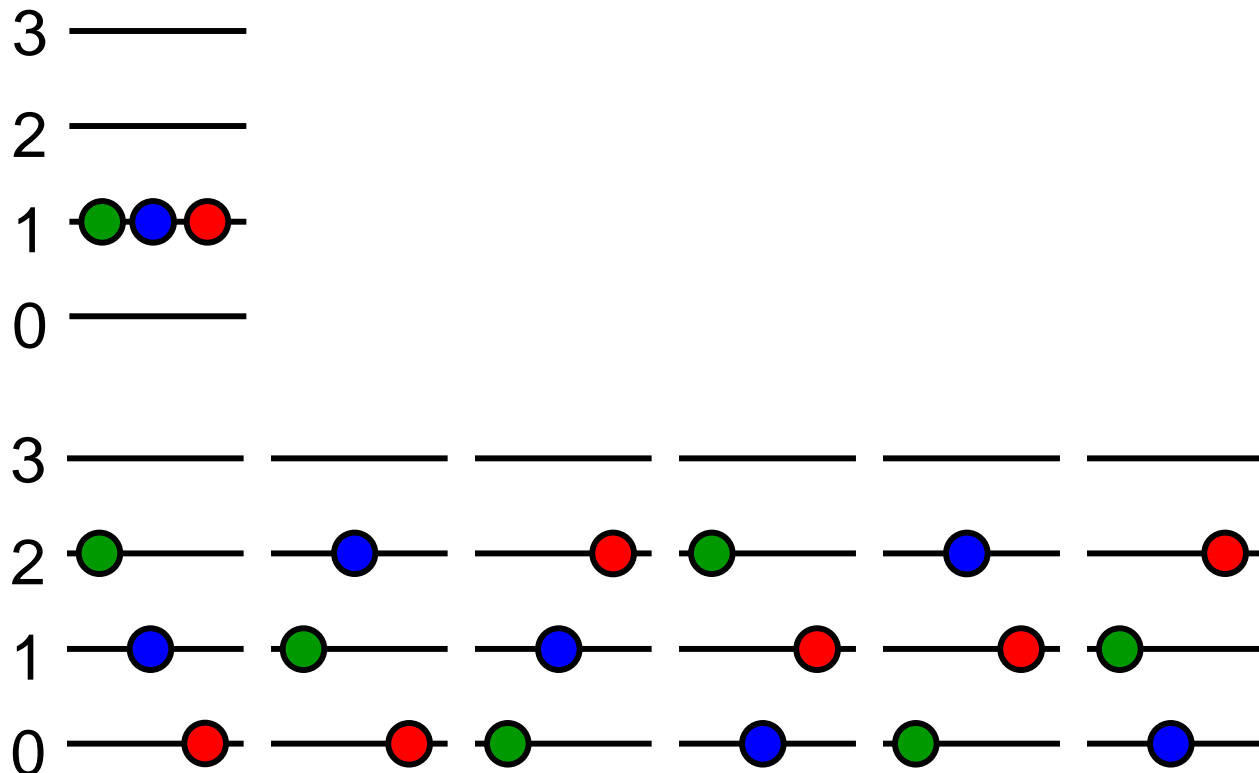


	fermions	bosons	classical
0	0%	11%	10%
1	33%	11%	20%
1	33%	44%	30%
1	33%	33%	40%

3 particles, total energy = 3

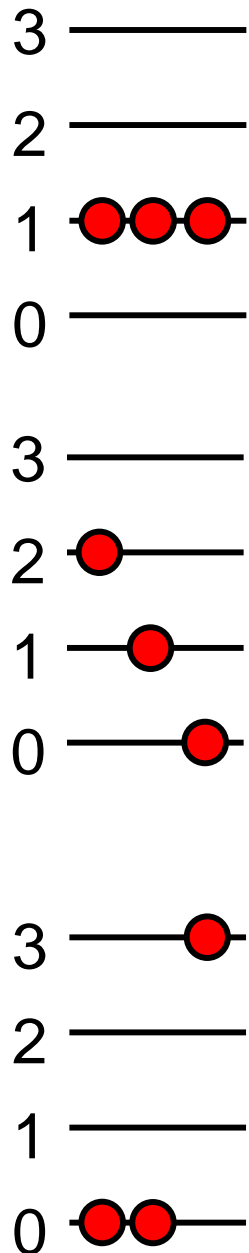
# Classical

10 % probability  
for triple occupancy



30 % probability  
for double occupancy

3 particles, total energy = 3



## Bosons

33 % probability  
for triple occupancy

Bosons are gregarious!  
Fermions are loners!

33 % probability  
for double occupancy

$$n(\varepsilon) = \begin{cases} \frac{1}{e^{(\varepsilon-\mu)/k_B T}} & \begin{array}{l} \text{classical particles} \\ \text{Maxwell-Boltzmann} \\ \text{statistics} \end{array} \\ \frac{1}{e^{(\varepsilon-\mu)/k_B T} - 1} & \begin{array}{l} \text{bosons} \\ \text{Bose-Einstein} \\ \text{statistics} \end{array} \\ \frac{1}{e^{(\varepsilon-\mu)/k_B T} + 1} & \begin{array}{l} \text{fermions} \\ \text{Fermi-Dirac} \\ \text{statistics} \end{array} \end{cases}$$



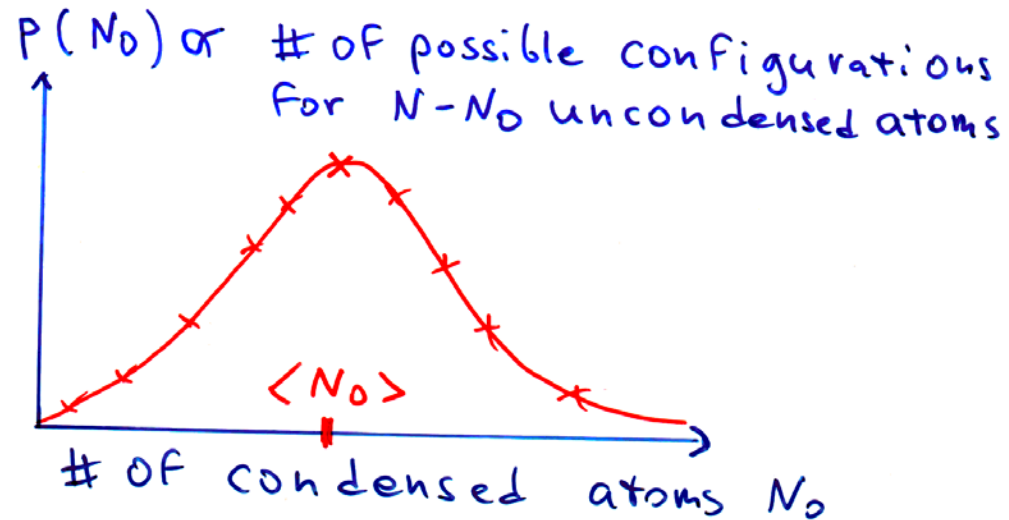
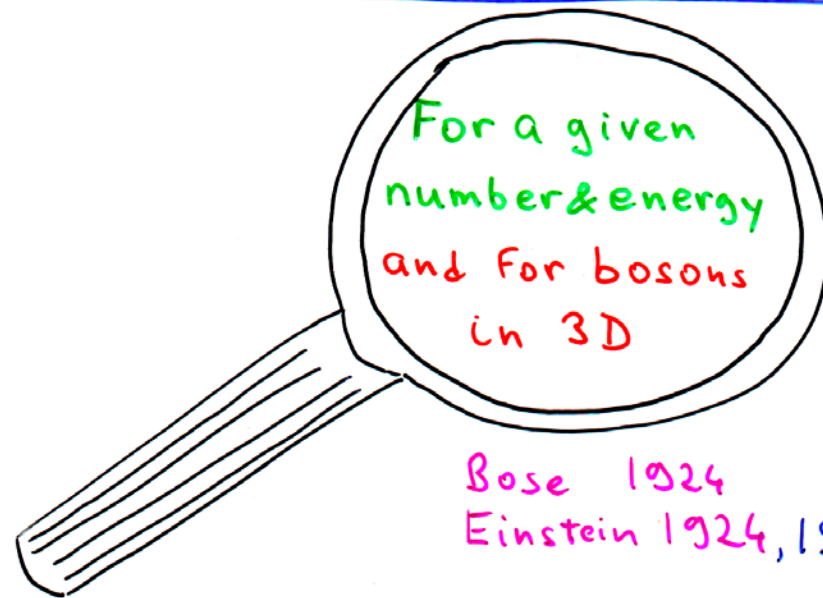
$$n(\varepsilon) = \left\{ \begin{array}{l} \frac{1}{e^{(\varepsilon-\mu)/k_B T} - 1} \\ \frac{1}{e^{\varepsilon/k_B T} - 1} \end{array} \right.$$

bosons  
Bose-Einstein  
statistics

$\mu=0$   
(photon number  
not conserved)

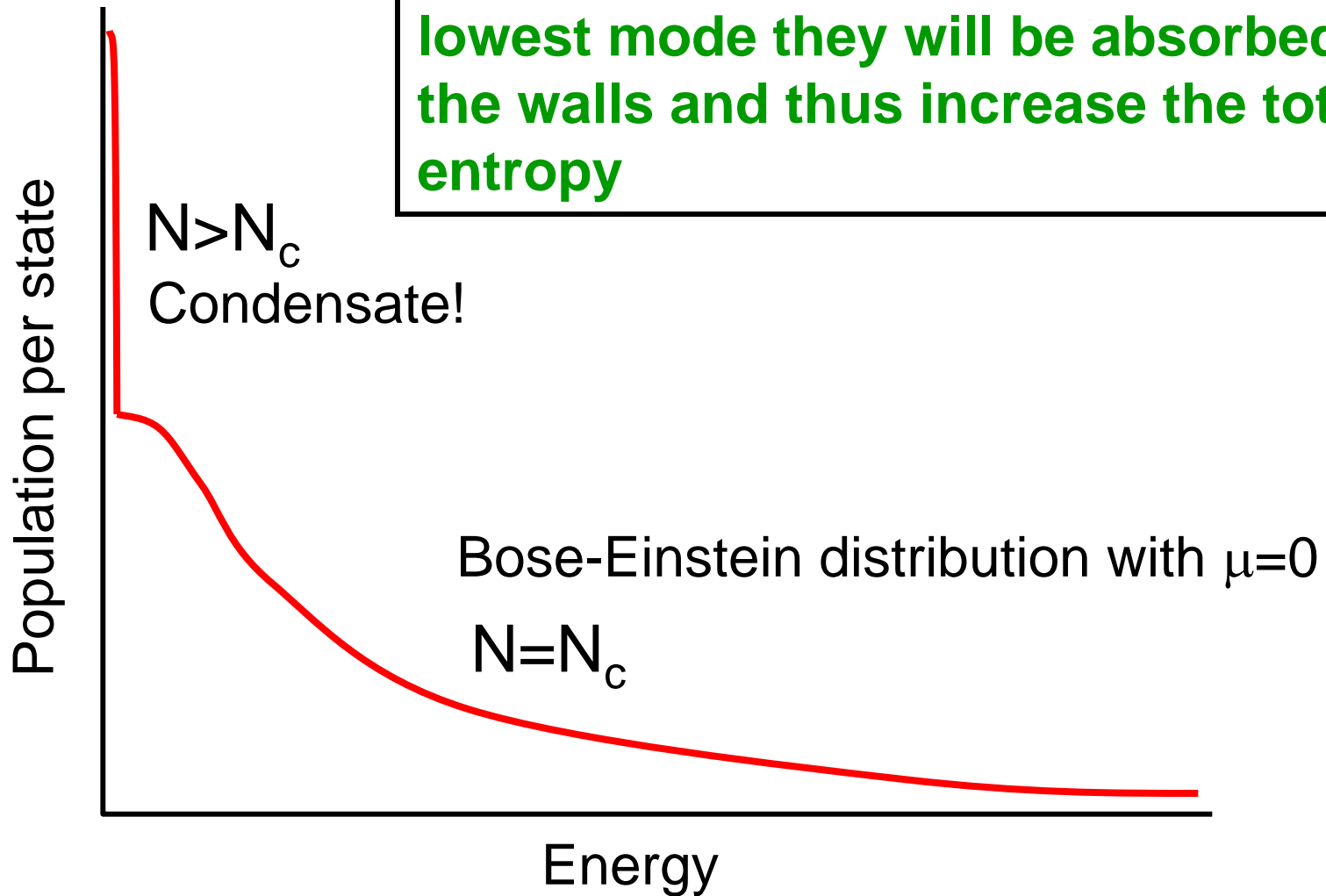
photons  
Planck's blackbody  
spectrum

BEC is the most  
random state in nature



# Why do photons not Bose condense?

If we put in “extra” photons into the lowest mode they will be absorbed by the walls and thus increase the total entropy



# Are different particles absolutely identical?

Necessary assumption for indistinguishability

In quantum field theory they are excitations of the same field

Tests of the (anti-) symmetry of the state for bosons/fermions at the level of  $10^{-9}$  and  $10^{-26}$



# Development of quantum statistics in three years

1924 Bose's paper

1924/25 Three papers by Einstein



Particles are no longer statistically independent!

Einstein mentioned hydrogen, helium and the electron gas as possible candidates for BEC

1925 Pauli exclusion principle

1926 Fermi-Dirac statistics

Confusion about which statistics to apply

1927 Things were cleared up

# On the Theory of Quantum Mechanics.

By P. A. M. DIRAC, St. John's College, Cambridge.

(Communicated by R. H. Fowler, F.R.S.—Received August 26, 1926.)

If now we adopt the solution of the problem that involves symmetrical eigenfunctions, we should find that all values for the number of molecules associated [with any wave have the same *a priori* probability, which gives just the Einstein-Bose statistical mechanics.\* On the other hand, we should obtain a different statistical mechanics if we adopted the solution with antisymmetrical eigenfunctions, as we should then have either 0 or 1 molecule associated with each wave. The solution with symmetrical eigenfunctions must be the correct one when applied to light quanta, since it is known that the Einstein-Bose statistical mechanics leads to Planck's law of black-body radiation. The solution with antisymmetrical eigenfunctions, though, is probably the correct one for gas molecules, since it is known to be the correct one for electrons in an atom, and one would expect molecules to resemble electrons more closely than light-quanta.

\* Bose, 'Zeits. f. Phys.,' vol. 26, p. 178 (1924); Einstein, 'Sitzungsb. d. Preuss. Ac.,' p. 261 (1924) and p. 3 (1925).

# History of BEC

W. Pauli, Z. Phys. **41**, 81 (1927):

“We shall take the point of view also advocated by Dirac, that the Fermi, and not the Einstein-Bose, statistics applies to the material gas.”

A. Einstein (December 1924) about BEC:

**“The theory is pretty, but is there also some truth to it?”**

**Fritz London**

He realized in 1938  
that BEC is an  
observable  
phenomenon





# Criterion for BEC

Thermal de Broglie wavelength ( $\propto T^{-1/2}$ )  
equals  
distance between atoms ( $= n^{-1/3}$ )

$$n_{\text{crit}} \propto T^{3/2}$$

“High” density:  $n_{\text{water}}: T = 1 \text{ K}$

BUT: molecule/cluster formation, solidification

$\Rightarrow$  no BEC



# STATISTICAL THERMODYNAMICS

Erwin Schrödinger  
(1952)

(b) The densities are so high and the temperatures so low—those required to exhibit a noticeable departure—that the van der Waals corrections are bound to coalesce with the possible effects of degeneration, and there is little prospect of ever being able to separate the two kinds of effect.

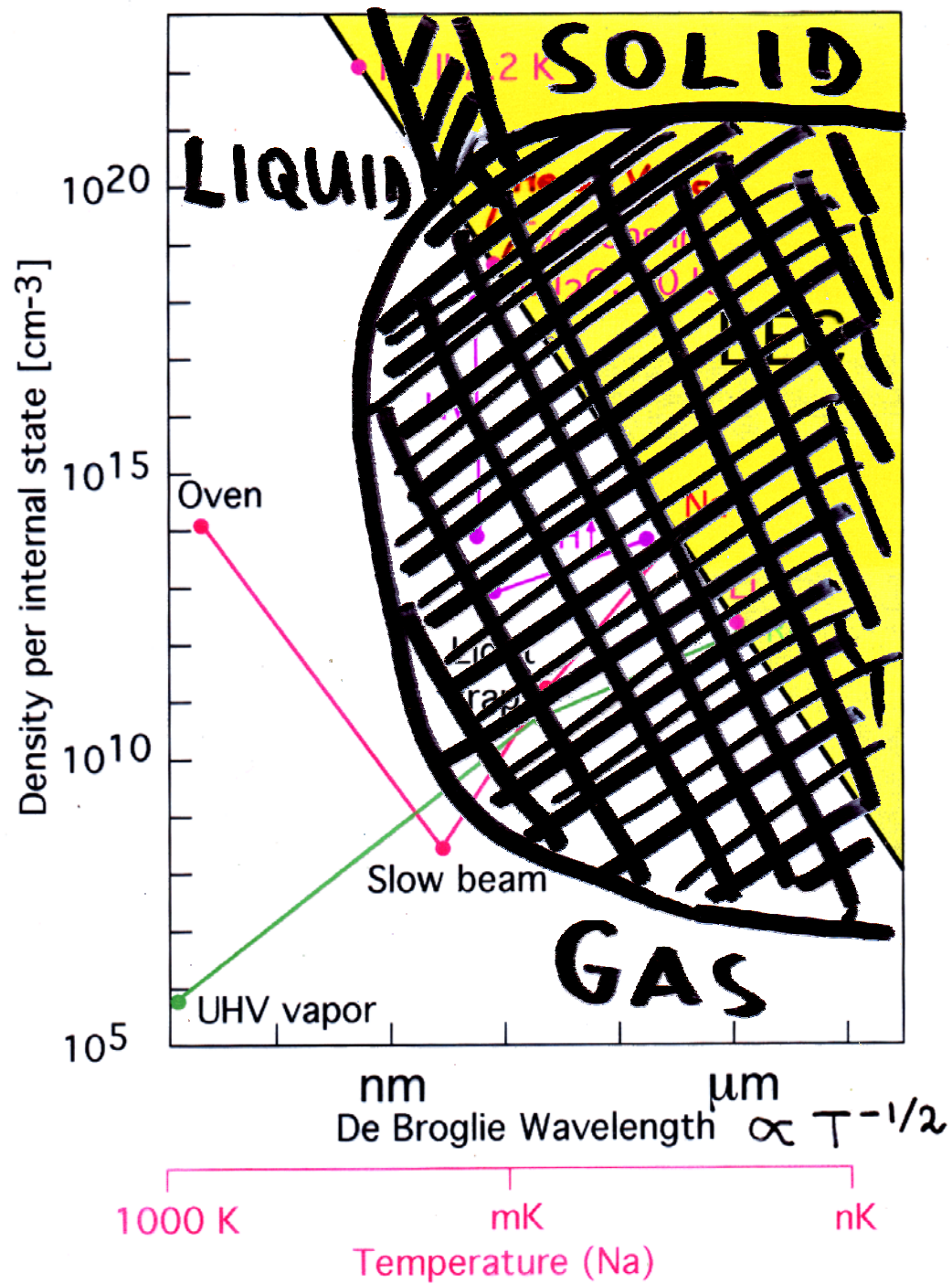
BEC

Interactions



BEC:

$$\lambda_{dB} > n^{-1/3}$$



# Criterion for BEC

Thermal de Broglie wavelength ( $\propto T^{-1/2}$ )  
equals  
distance between atoms ( $= n^{-1/3}$ )  
 $n_{\text{crit}} \propto T^{3/2}$

“High” density:  $n_{\text{water}}: T = 1 \text{ K}$

BUT: molecule/cluster formation, solidification

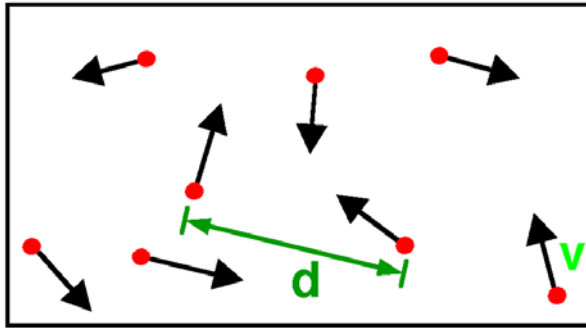
$\Rightarrow$  no BEC 

“Low” density:  $n_{\text{water}}/10^9: T = 100 \text{ nK} - 1 \text{ } \mu\text{K}$

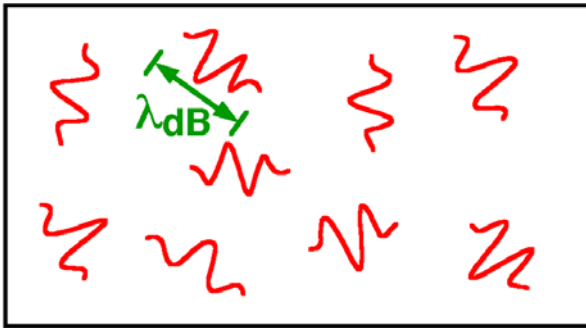
seconds to minutes lifetime of the atomic gas

$\Rightarrow$  BEC 

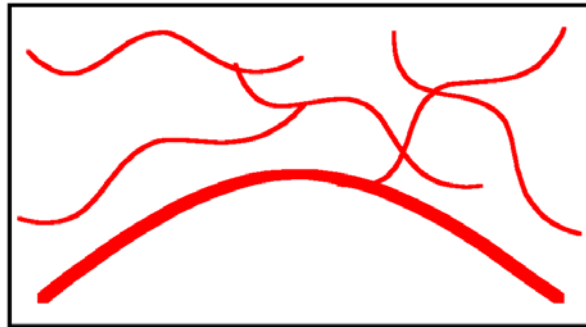
# What is Bose-Einstein condensation (BEC)?



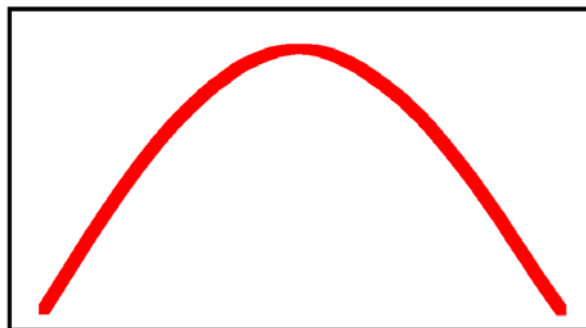
**High  
Temperature T:**  
thermal velocity  $v$   
density  $d^{-3}$   
"Billiard balls"



**Low  
Temperature T:**  
De Broglie wavelength  
 $\lambda_{dB} = h/mv \propto T^{-1/2}$   
"Wave packets"

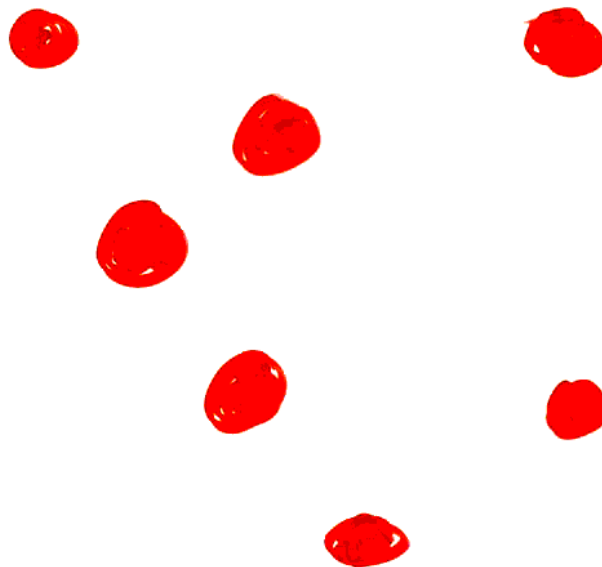


**$T = T_{crit}$ :**  
Bose-Einstein  
Condensation  
 $\lambda_{dB} \approx d$   
"Matter wave overlap"



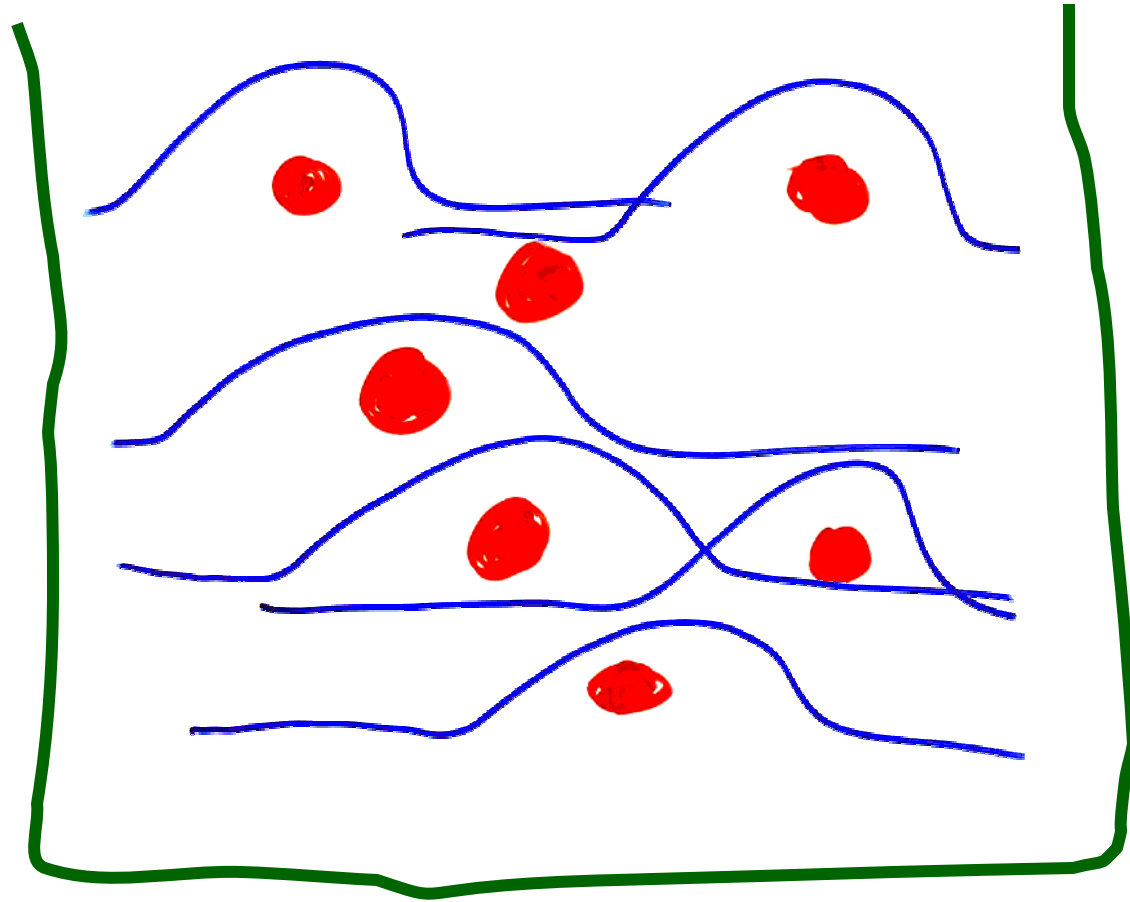
**$T = 0$ :**  
Pure Bose  
condensate  
"Giant matter wave"

# Length Scales @BEC





# Length Scales @BEC





# Cast of characters: nK tools

## Cooling

- Laser cooling
- Evaporative cooling

## Atoms for BEC

## Traps

- Magnetic traps
- Optical traps

## How to observe BEC

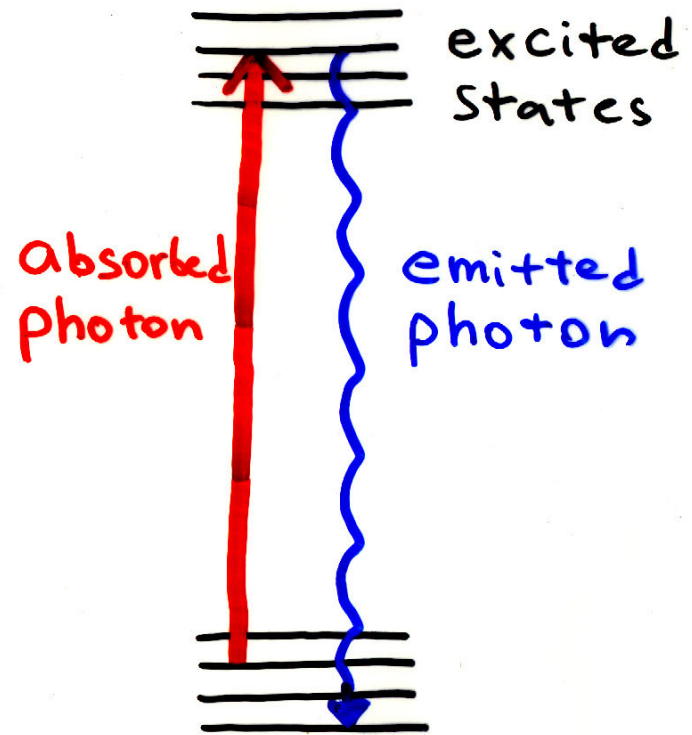
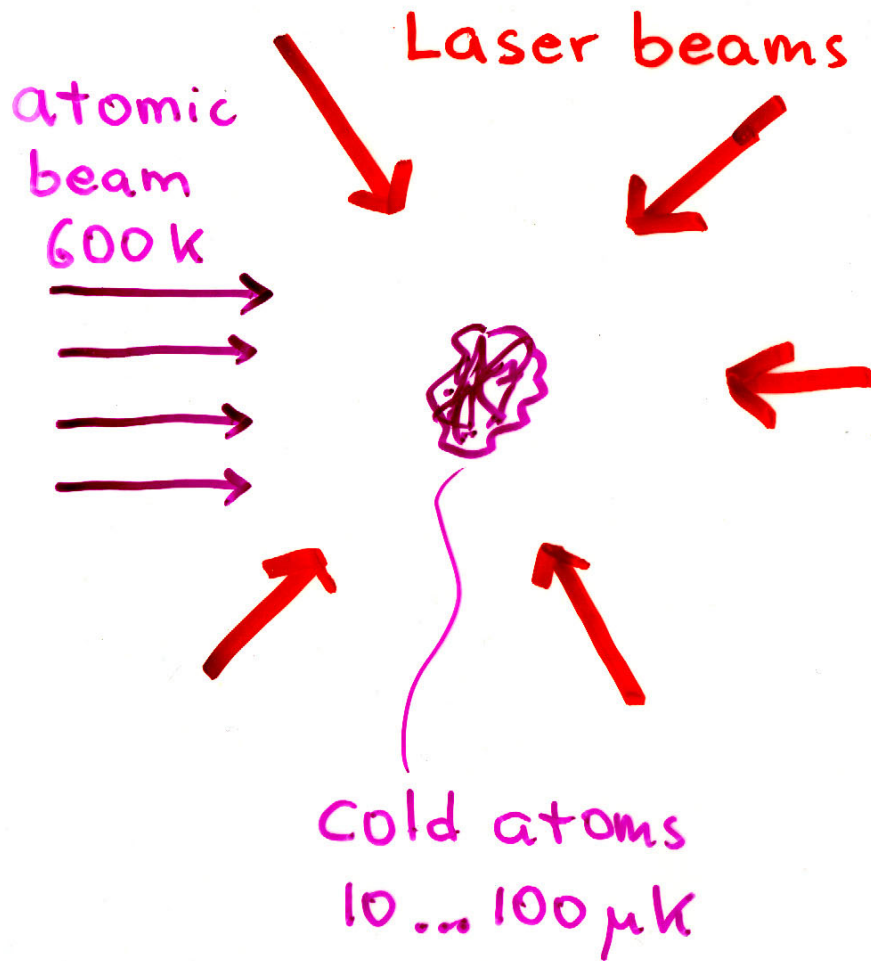
- Absorption imaging
- Dispersive imaging

## Manipulation of BEC

- Magnetic fields
- Rf
- Optical dipole force

# **The cooling methods**

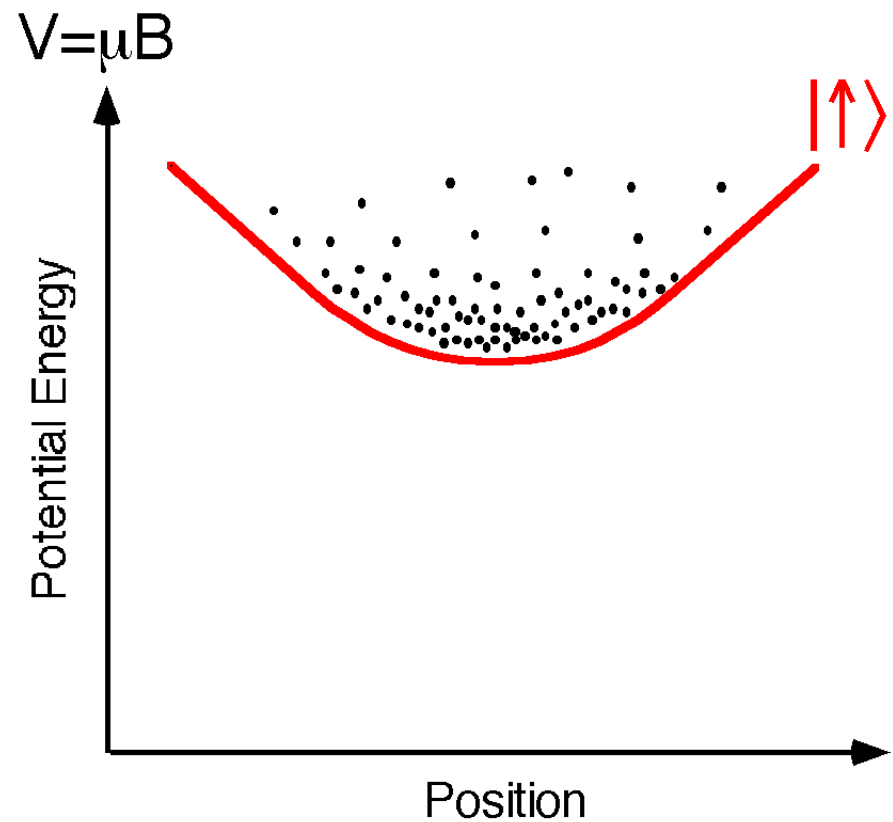
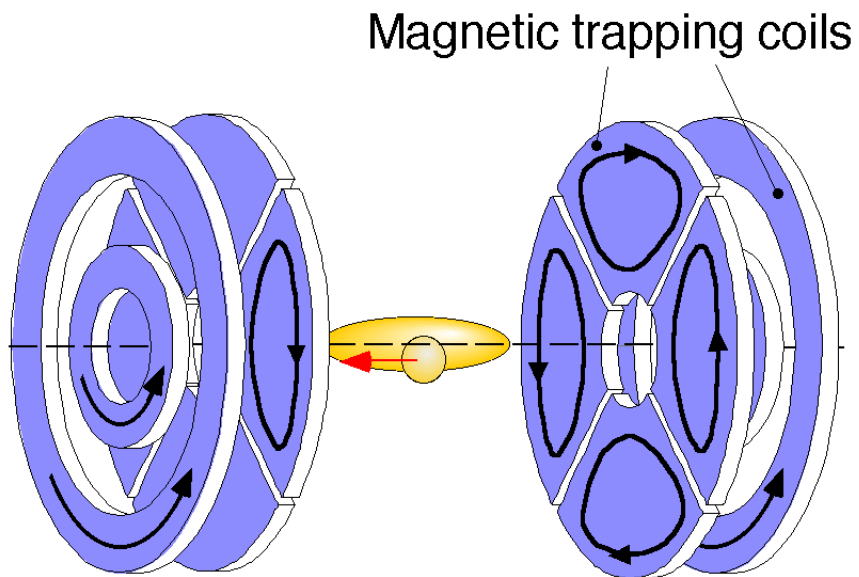
# Laser cooling = Precooling



$$h\nu_{\text{abs}} < h\nu_{\text{em}}$$

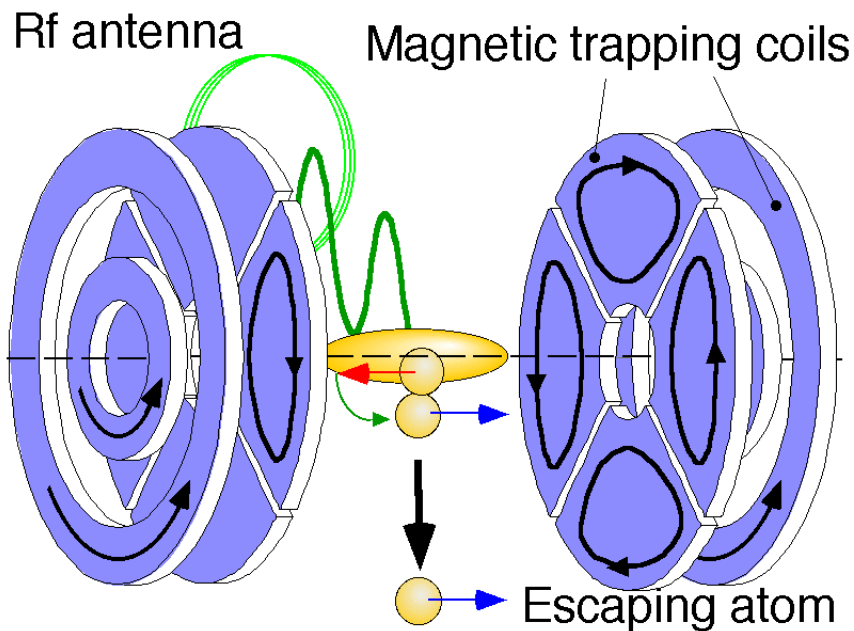
$\Rightarrow$  cooling!

# Magnetic trapping - "thermos" for nanokelvin atoms

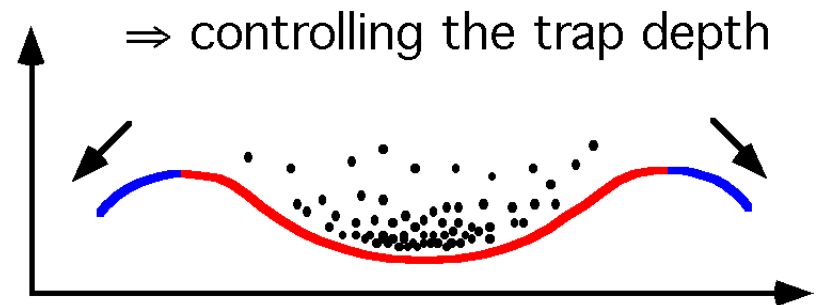
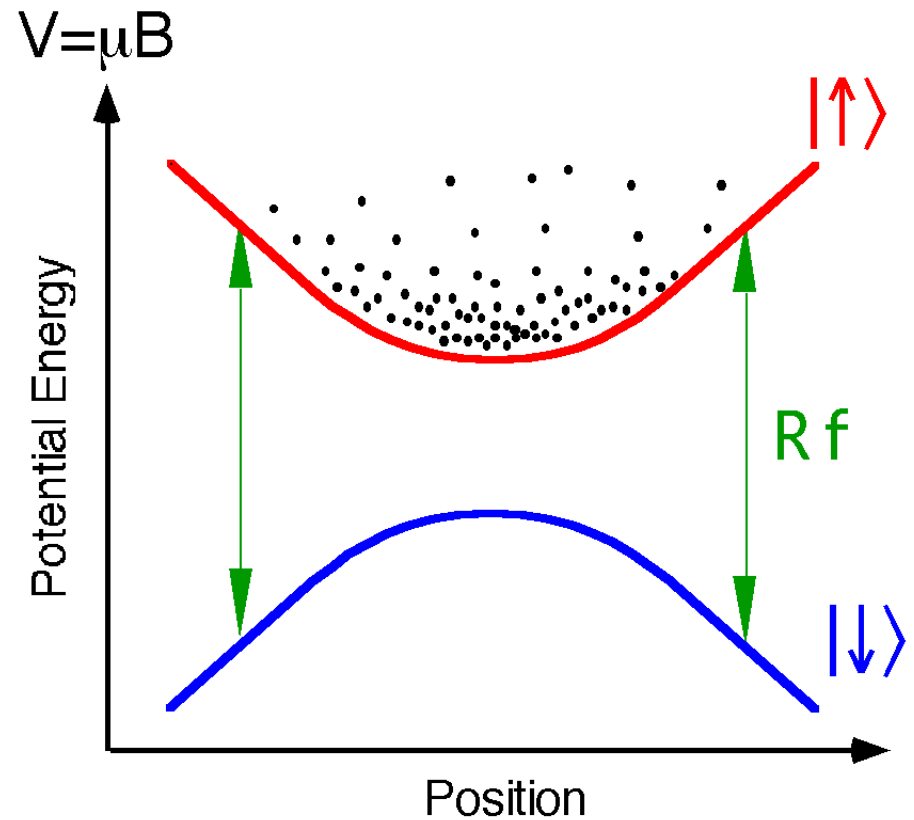


Phillips et al. (1985)  
Pritchard et al. (1987)

# Evaporative cooling using rf induced spinflips



Hess, Kleppner, Greytak et al. (1986/7)  
Pritchard et al. (1989)  
Ketterle et al. (1993/4)  
Cornell et al. (1994)

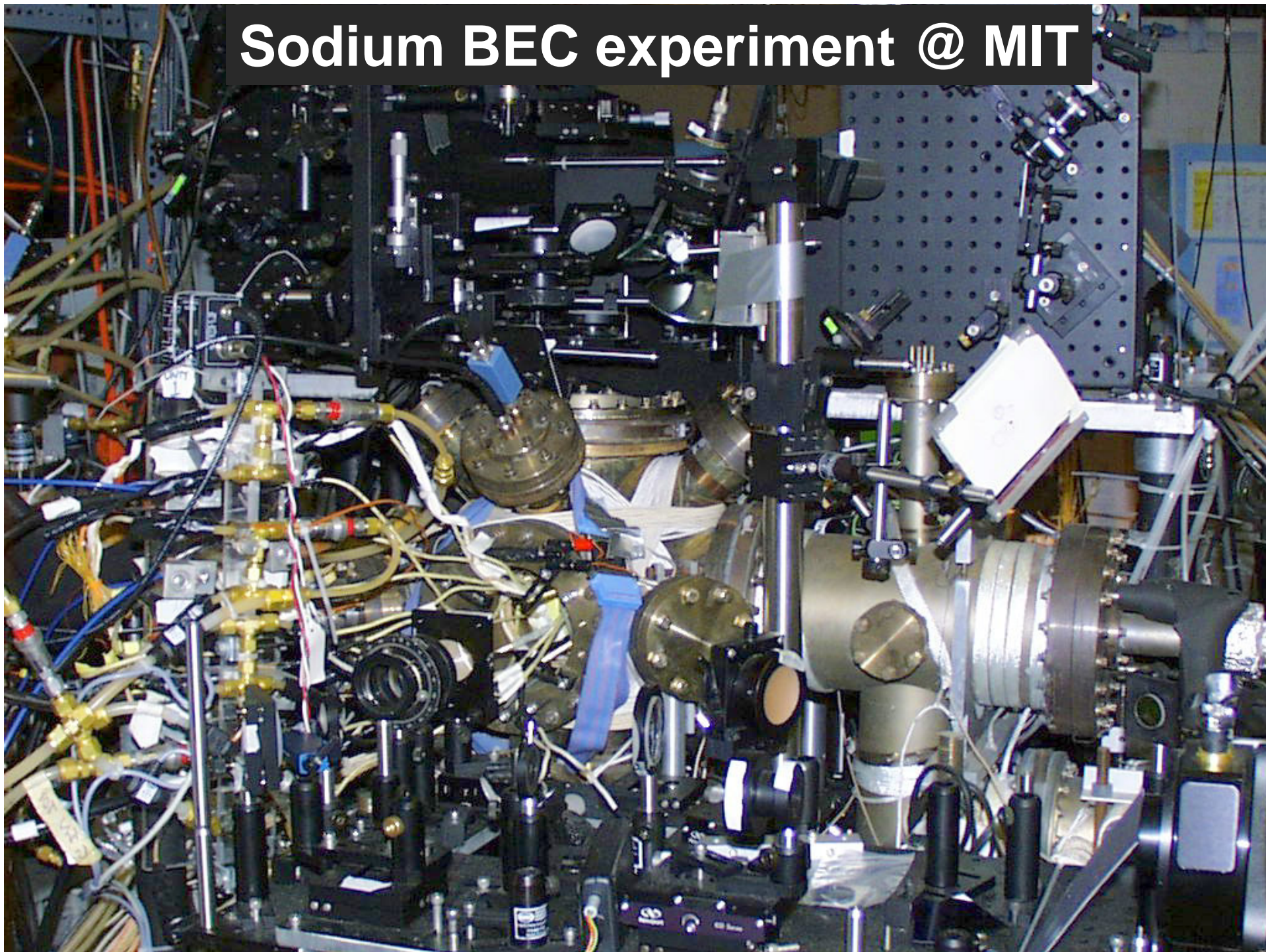


## Multi-stage cooling to BEC

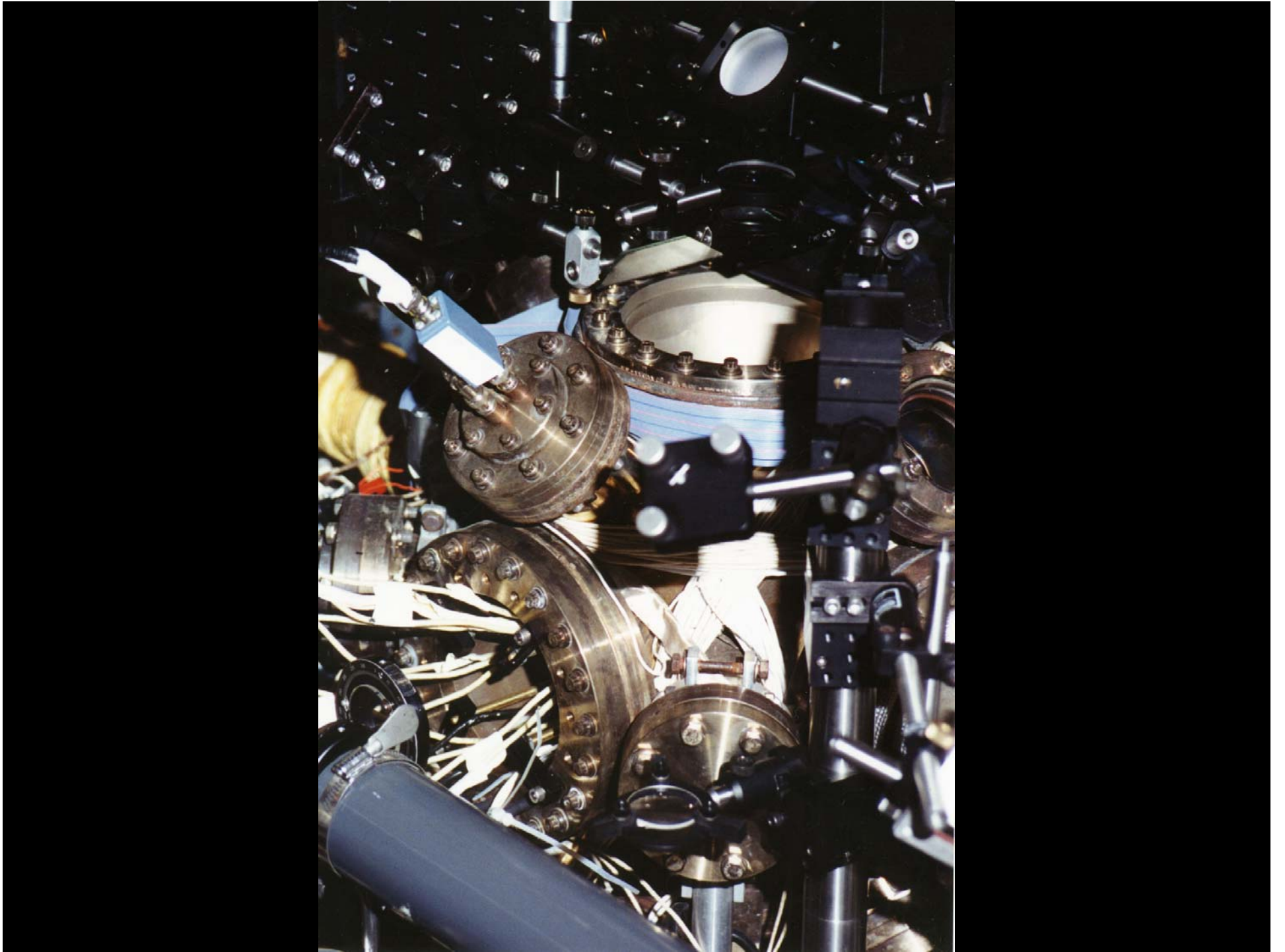
	Temp. $T$	Density $n$ [ $\text{cm}^{-3}$ ]	Phase space density $nT^{-3/2}$
Oven	500 K	$10^{14}$	$10^{-13}$
Laser cooling	50 $\mu\text{K}$	$10^{11}$	$10^{-6}$
Evap. cooling	500 nK	$10^{14}$	2.6
BEC	(10 - 100 nK)	$3 \cdot 10^{14}$	$10^7$

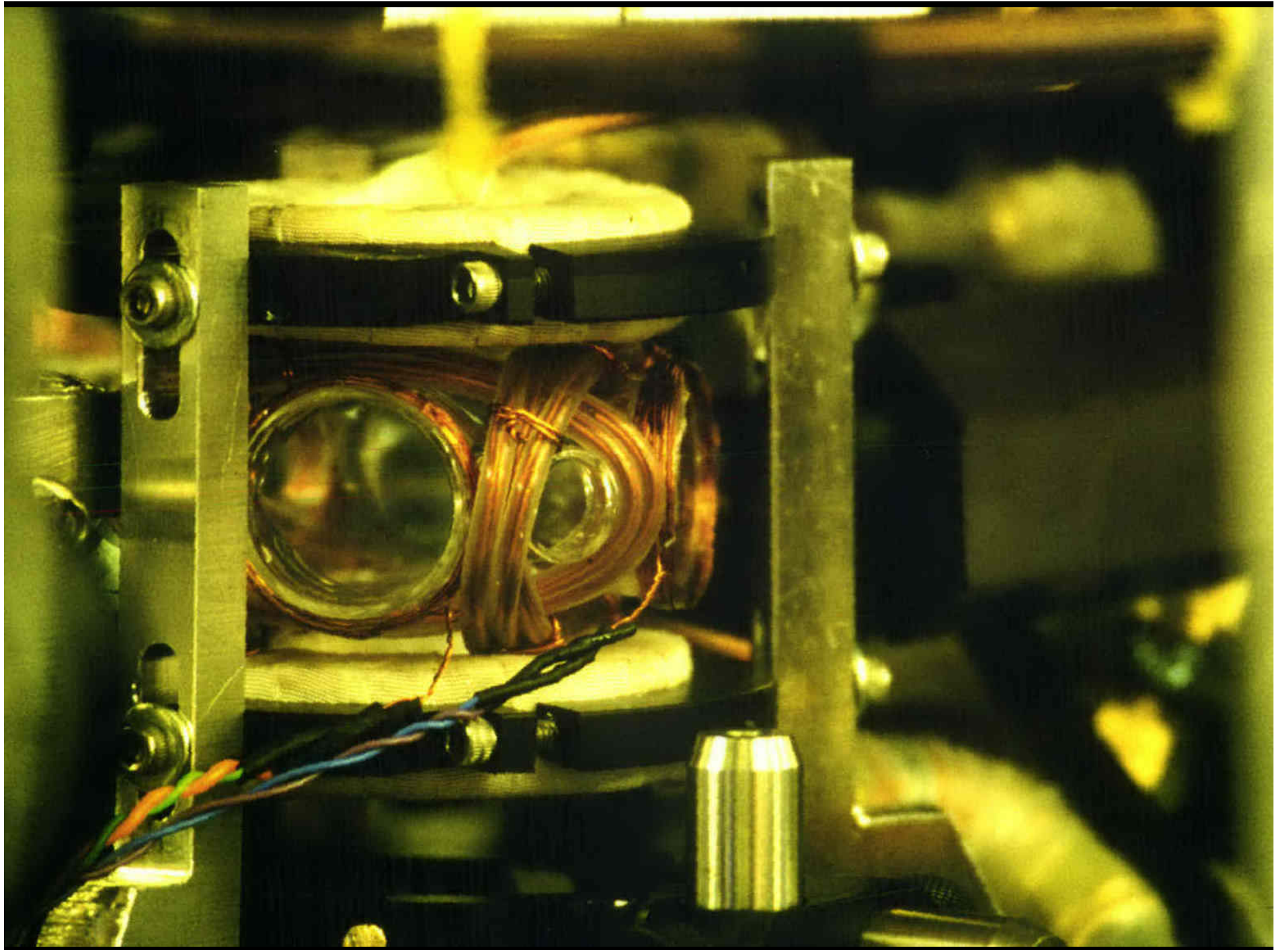


# Sodium BEC experiment @ MIT







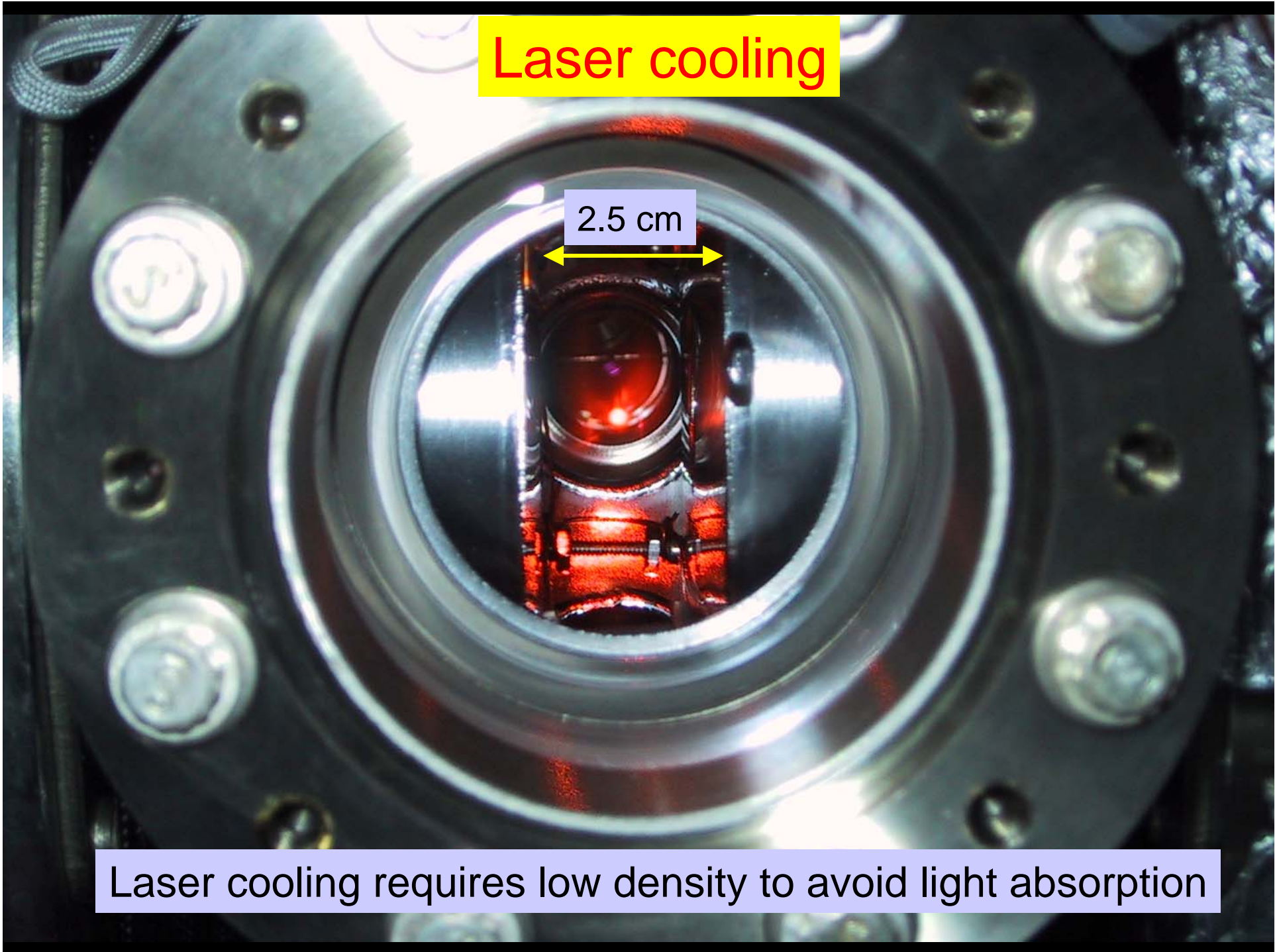




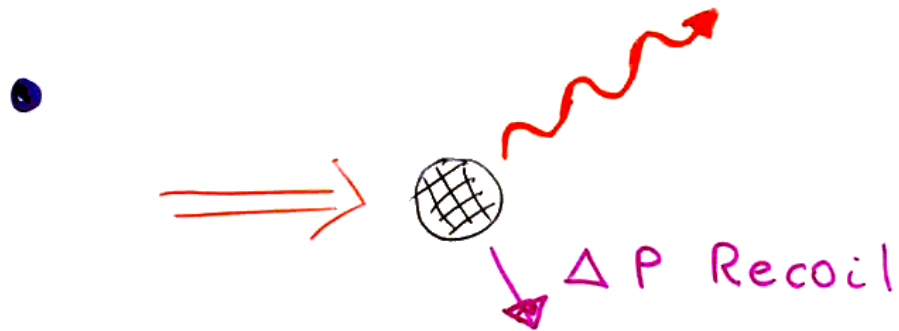
# Laser cooling

2.5 cm

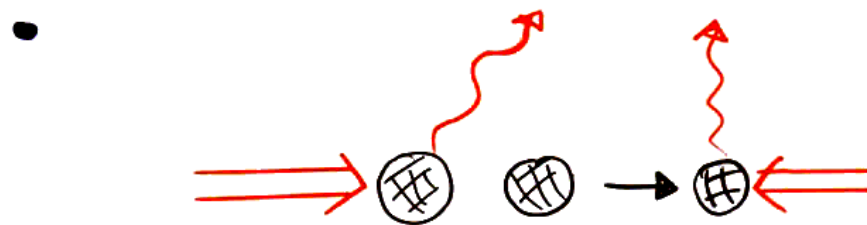
Laser cooling requires low density to avoid light absorption



# Limitations of Laser Cooling



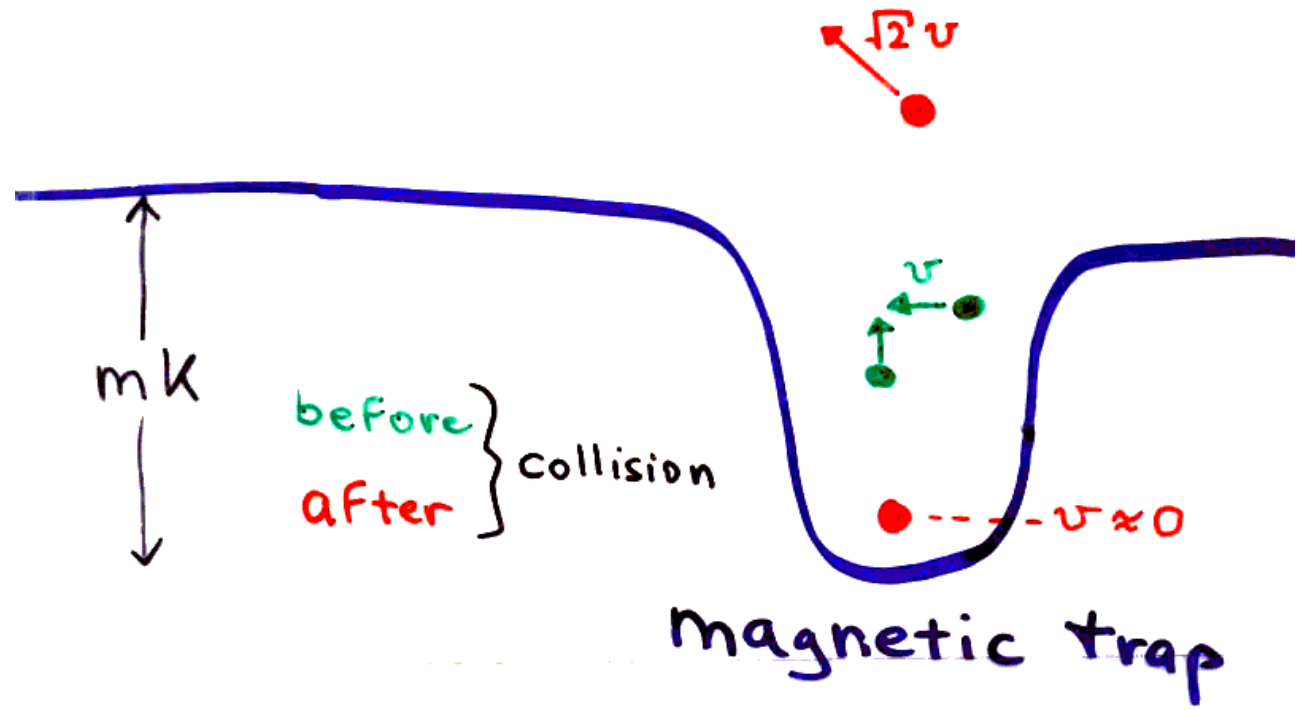
$$T \sim \mu\text{K}$$



Absorption  
excited state collisions }  $n \leq 10^{12} \text{ cm}^{-3}$

$\Rightarrow$  Phase space density  $10^{-5}$

Evaporative cooling  
is driven by  
elastic collisions



$$\Gamma_{ec} = n \sigma_{ec} v \gg \Gamma_{loss}$$

H. Hess (1986)

# The problem ...

Absorption cross section for light:

$$\sigma_{opt} = \frac{3}{2\pi} \lambda^2 \approx 2 \cdot 10^{-9} \text{ cm}^2$$

Elastic collision cross section:

$$\sigma_{coll} = 8\pi a^2 \approx 2 \cdot 10^{-12} \text{ cm}^2$$

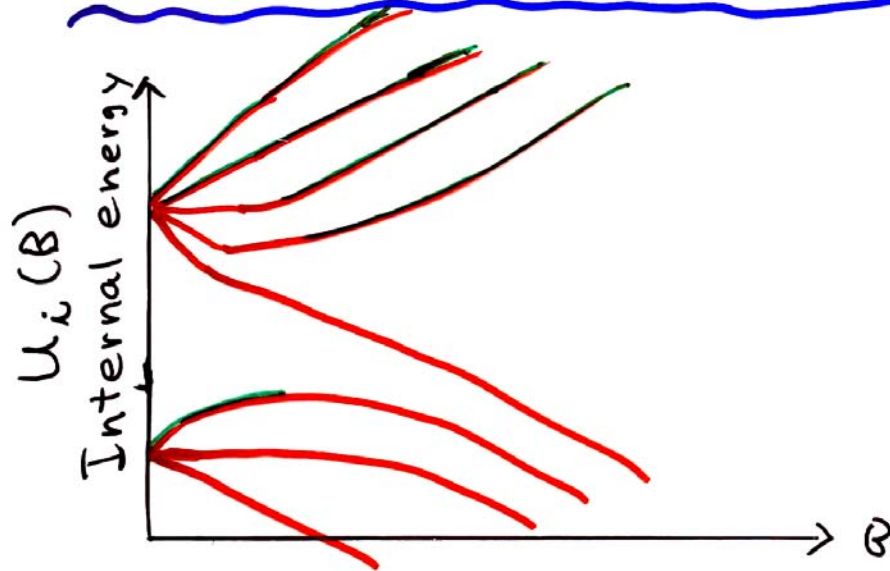
# The solution ...

- Dark light trap (“Dark SPOT MOT”)
- Tight magnetic confinement
- ULTRA-high vacuum
- ... a few years of engineering



# **Magnetic trapping**

# Magnetic trapping



Stability:  $\vec{\nabla} U_i(B(\vec{r})) = 0$

$$\Delta U_i(B(\vec{r})) > 0$$

Unless  $\frac{dU_i(B)}{dB} = 0$

$\Rightarrow$  local ~~extremum~~ of  $|\vec{B}|$

minimum

$\leftarrow$  Wigner's theorem

$\rightarrow$  only weak-field seeking states

## Most common situation

$$U_i(\tau) = \mu_i \cdot |\vec{B}(\vec{r})|$$

$\downarrow$   
 $\frac{dU_i(B)}{dB}$

adiabatic condition:

Atom stays in HFS  $i$ .

classical analogon (cf. Levitron)

$$U(\tau) = -\vec{\mu} \cdot \vec{B} = -\mu B \cos \theta$$

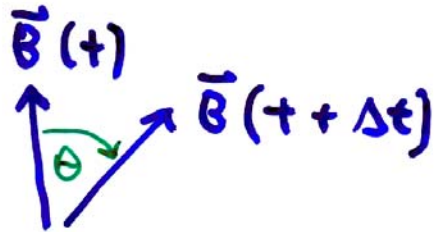
$\downarrow$   
= const (precession)

choose  $\cos \theta < 0$

q.m., weak field:

$$U(\tau) = \mu_B B g m_F \stackrel{\text{const}}{=}$$

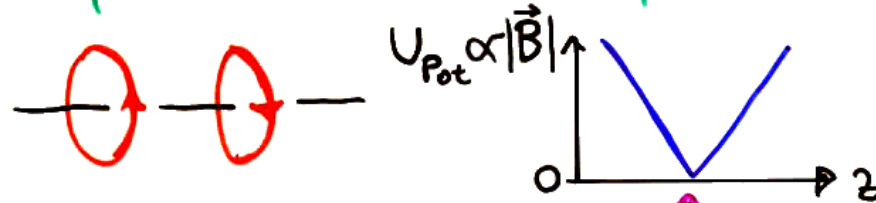
## Adiabatic condition



$$\omega_{\text{ROT}} = \frac{d\theta}{dt} \ll \frac{U_i - U_j}{\hbar} = g\mu_B B / \hbar = \omega_{\text{Larmor}}$$

# Magnetic Traps

- Spherical Quadrupole



Linear potential

$B=0$   
 $\Rightarrow$  leaky!

Solutions:

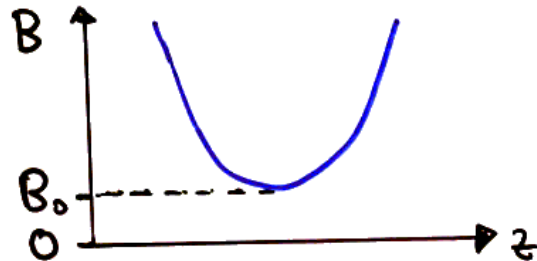


rotating B Field  
"TOP" trap  
JILA



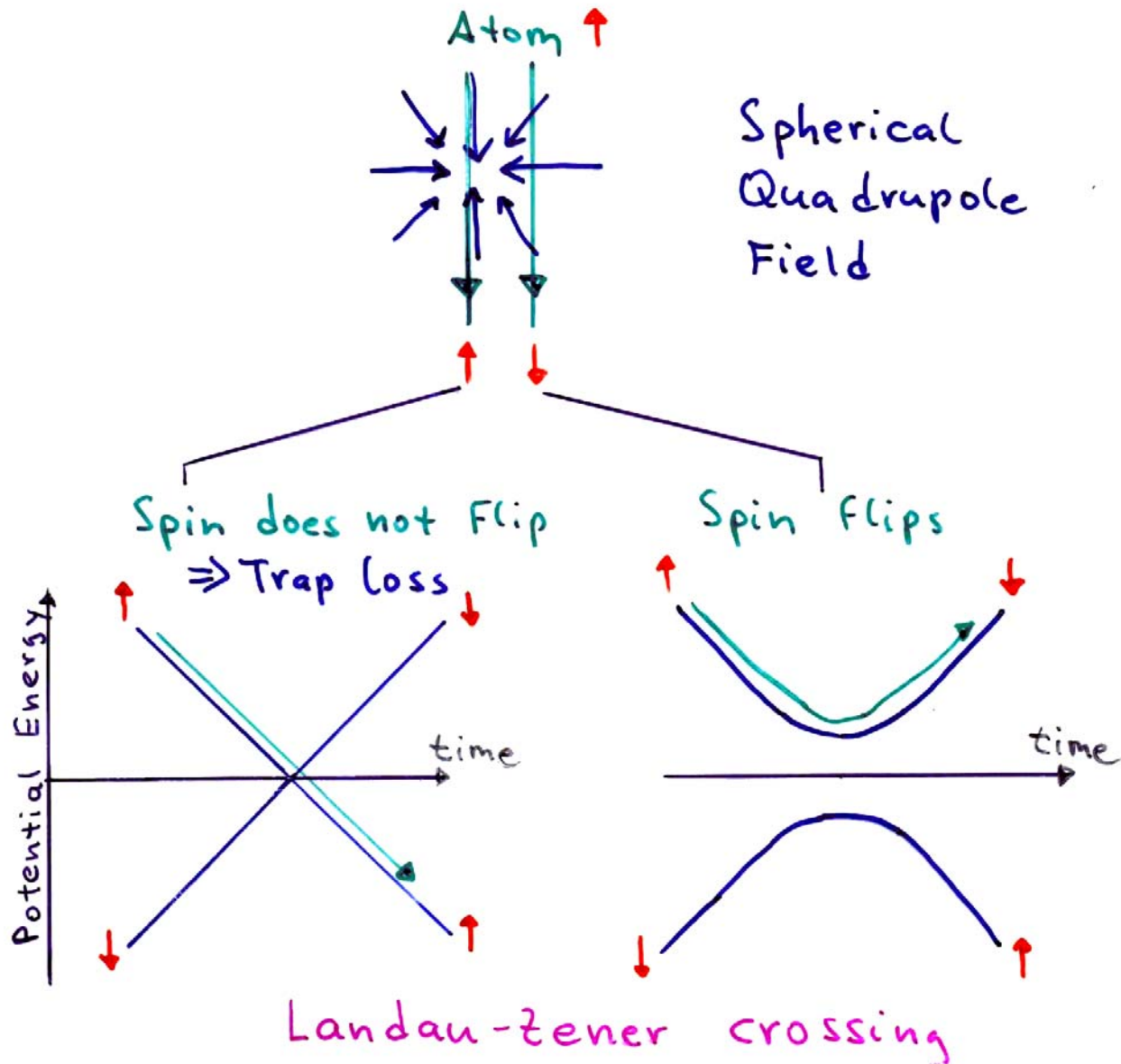
Optical plug  
MIT

- Ioffe-Pritchard Trap



harmonic potential

# Majorana Flops



## Landau-Zener trap loss probability

$$e^{\left[ \frac{-2\pi |V_{12}|^2}{v \hbar d(V_2 - V_1)/\hbar} \right]} = e^{-\frac{2\pi \mu B' x^2}{\hbar v}}$$

$$= e^{-2\pi (x/x_0)^2}$$

$x_0 \approx 1 \mu\text{m}$   
"hole size"

@  $x = x_0$  :

$$\text{Larmor Freq. } \frac{\mu B' x}{\hbar}$$

$$= \text{orbital Freq. } \frac{d\theta}{dt} = \frac{v}{x}$$

$\Rightarrow$  Trapping Time  $\propto (\text{cloud diameter})^2$

# TOP trap (JILA '94)

$$\vec{B}_{\text{stat}} = B' \begin{pmatrix} x \\ y \\ -2z \end{pmatrix} \quad \text{Quadrupole Field}$$

$$\vec{B}_{\text{rot}} = B_0 \begin{pmatrix} \cos \omega t \\ \sin \omega t \\ 0 \end{pmatrix} \quad \text{rotating bias field}$$

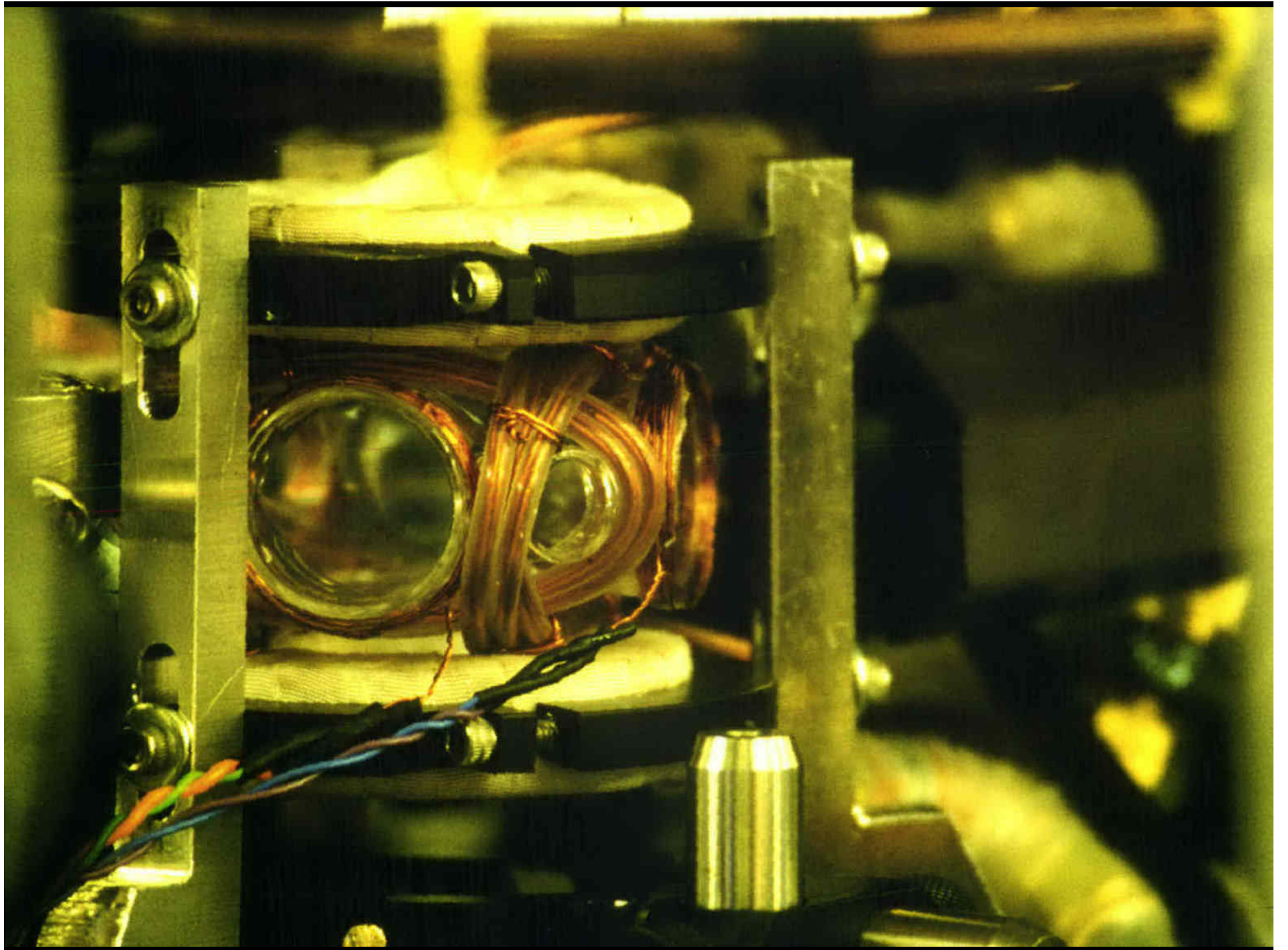
Time-averaged potential

$$U_{\text{TOP}} = \frac{\mu}{2} \left( B_r'' r^2 + B_z'' z^2 \right)$$
$$\frac{B'^2}{2B_0} \qquad \frac{4B'^2}{B_0}$$

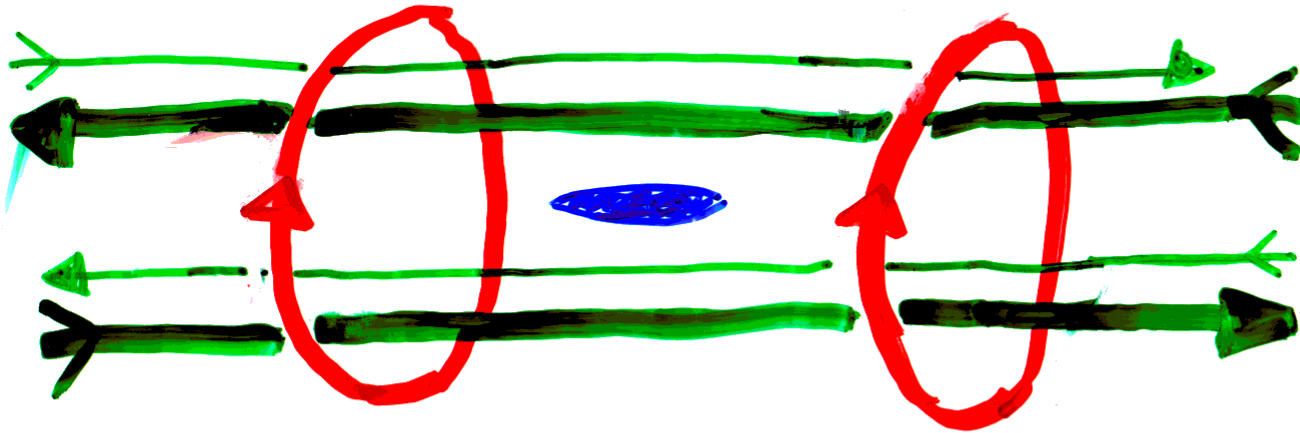
Circle of death  $r_D = B_0/B'$

$$U_{\text{TOP}}(r_D) = \mu B_0/4$$





# Ioffe - Pritchard Trap



2 "Pinch" coils

$\Rightarrow B_0, B''_{axial}$

4 "Ioffe" bars

$\Rightarrow B'_{radial}$

$B_0 \neq 0$  traps

## Ioffe - Pritchard Configuration

$$\vec{B} = B_0 \begin{pmatrix} 0 \\ 0 \\ 1 \end{pmatrix} + B' \begin{pmatrix} x \\ -y \\ 0 \end{pmatrix} + \frac{B''}{2} \begin{pmatrix} -2y \\ -2x \\ z^2 - \frac{1}{2}(x^2 + y^2) \end{pmatrix}$$

$$B(x, y, z) = \left\{ \left[ B_0 + \frac{1}{2} B'' z^2 - \frac{B''}{4} (x^2 + y^2) \right]^2 + (B' - B'' z/2)^2 x^2 + (B' + B'' z/2)^2 y^2 \right\}^{\frac{1}{2}}$$

$$\approx \frac{1}{2} \left[ \frac{B'^2}{B_0} r^2 + B'' z^2 \right]$$

↑  
Large  $B_0, B'$   $= B''_{\text{radial}}$

WARNING: Green terms limit trapping volume!  
(important for hot clouds)

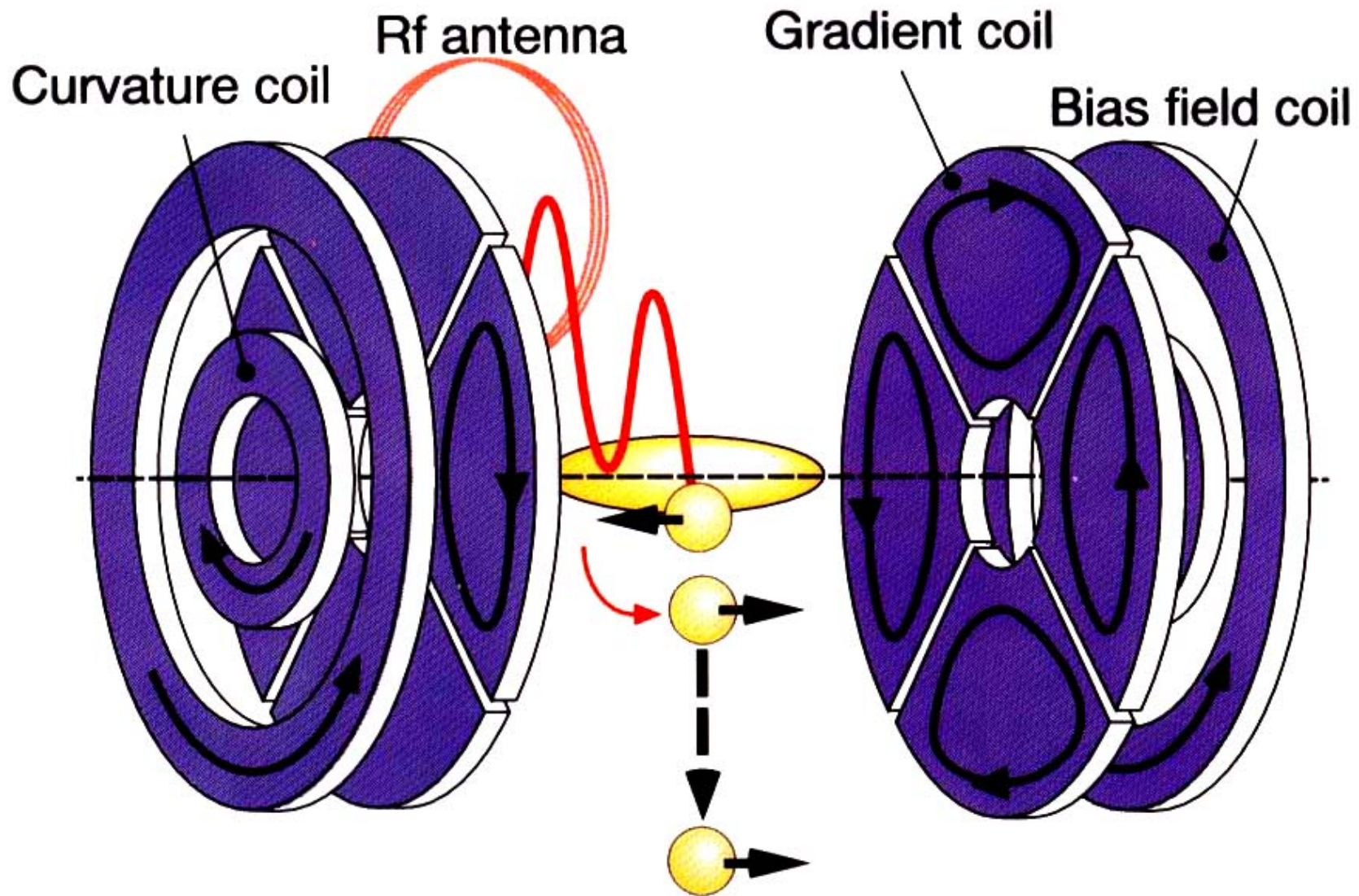
# IP - Trappology

in order of appearance

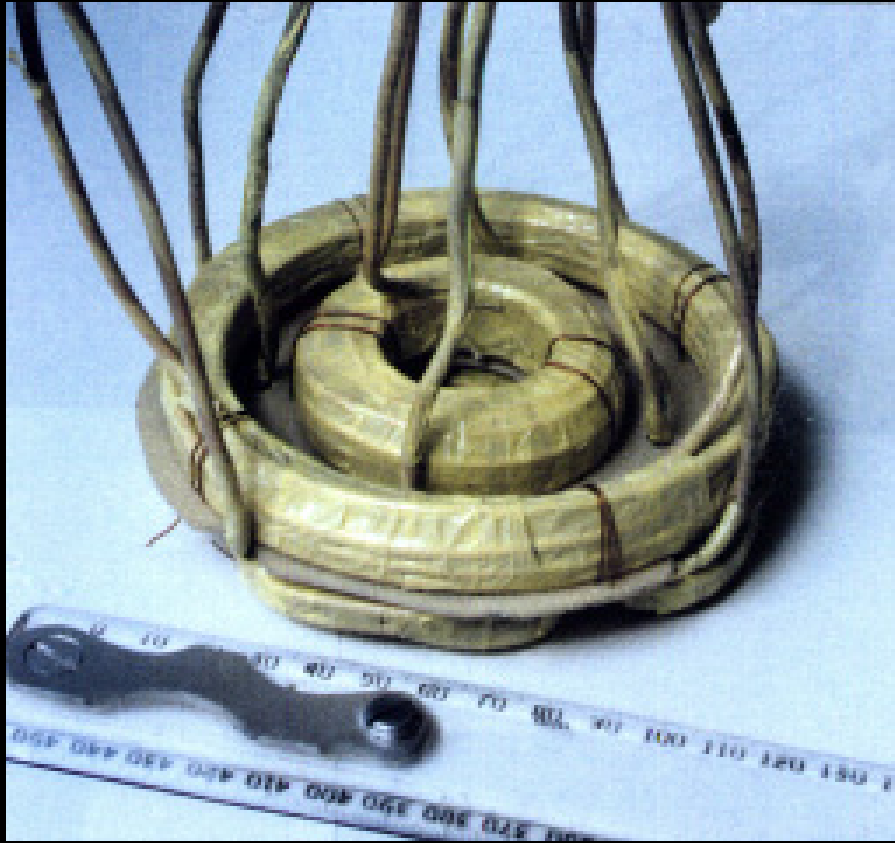
Permanent magnets	Rice
Cloverleaf trap	MIT
Baseball trap	Boulder
Four-dee	Rowland
Ioffe bars	Konstanz
3 coils, no extra bias	Munich
3 coils + extra bias	Paris
Ioffe bars, superconducting	MIT
Pole piece	Orsay



# BEC in a "cloverleaf" magnetic trap

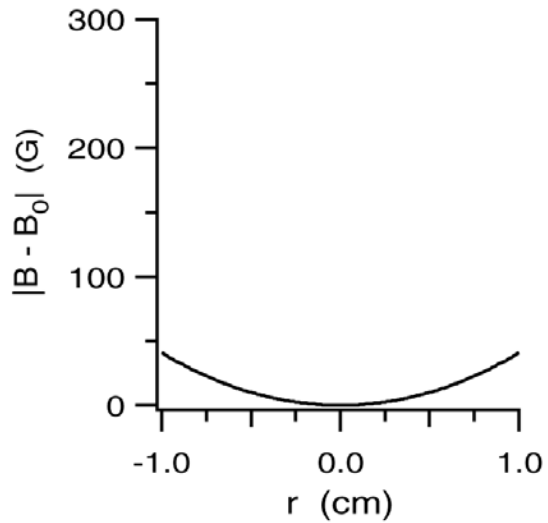


MIT, March '96 [M.-O. Mewes et al., PRL 77, 416 (1996)]

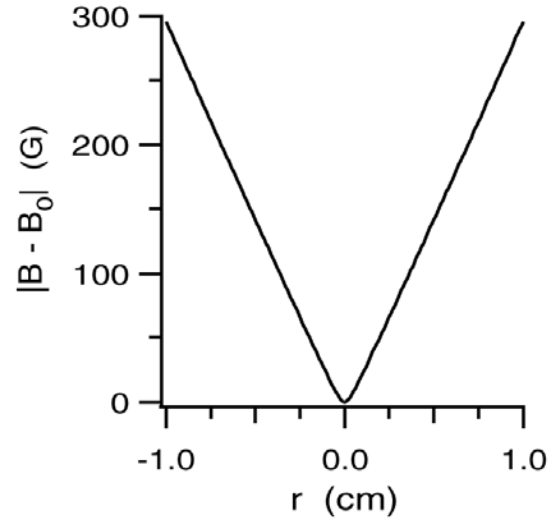


# Bias field adjustment is critical

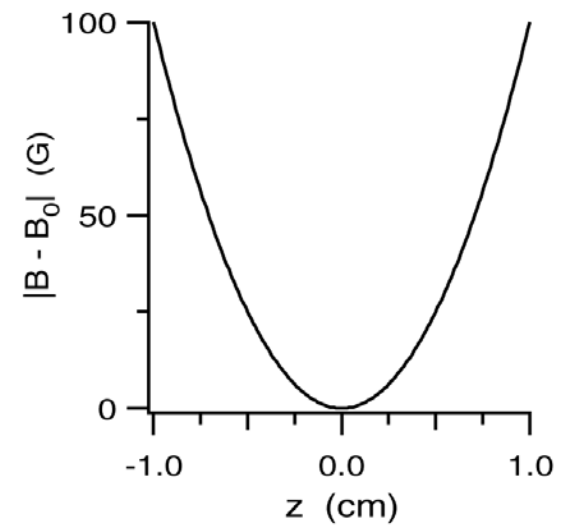
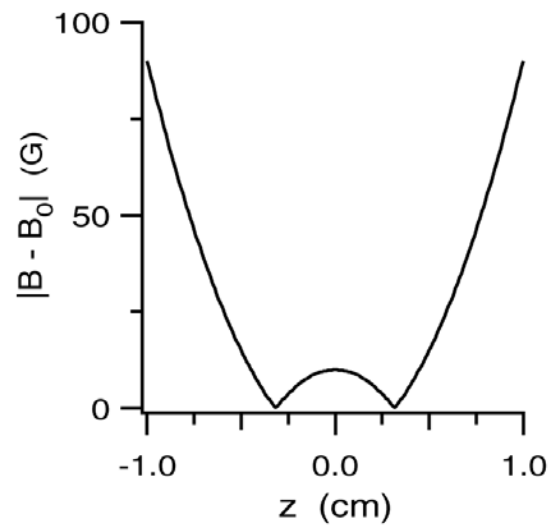
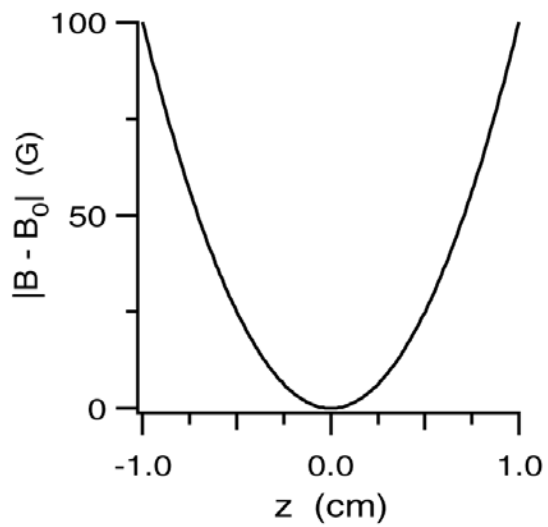
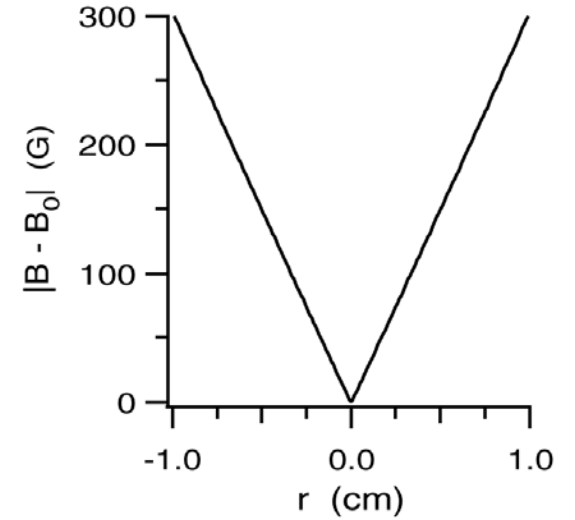
$B_0 = 500$  G



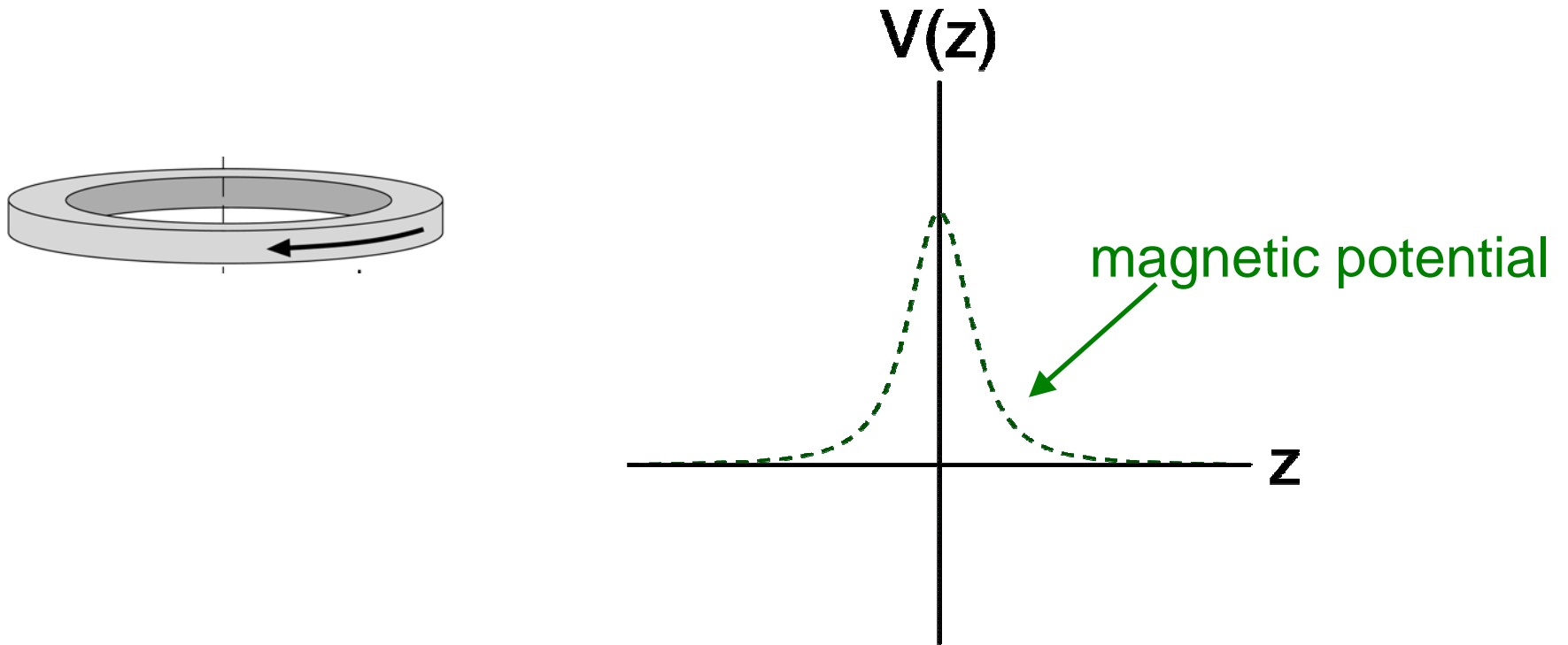
$B_0 = -10$  G



$B_0 = 1$  G



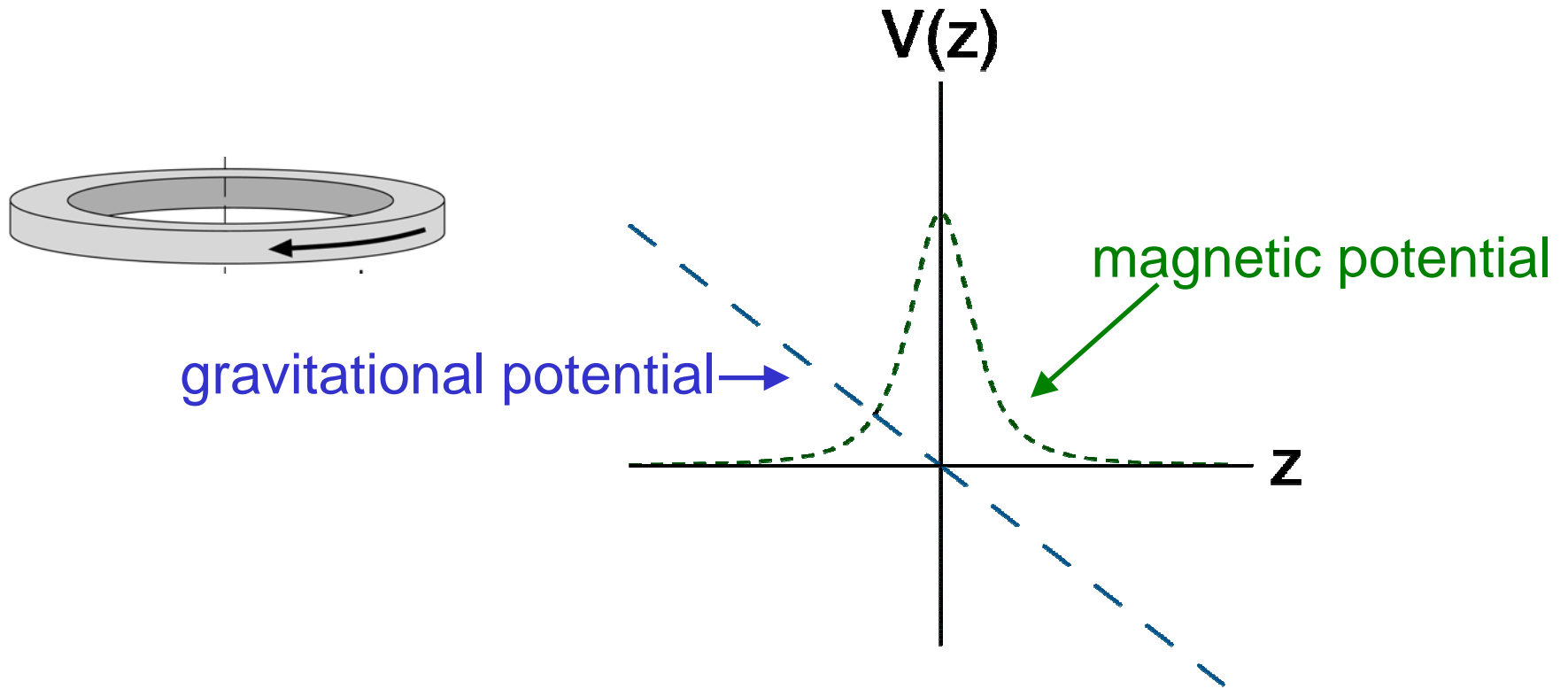
# Gravito-Magnetic Trap



- Single coil carrying current  $I_S$  levitates atoms against gravity with magnetic field gradient  $\sim 8$  G/cm.

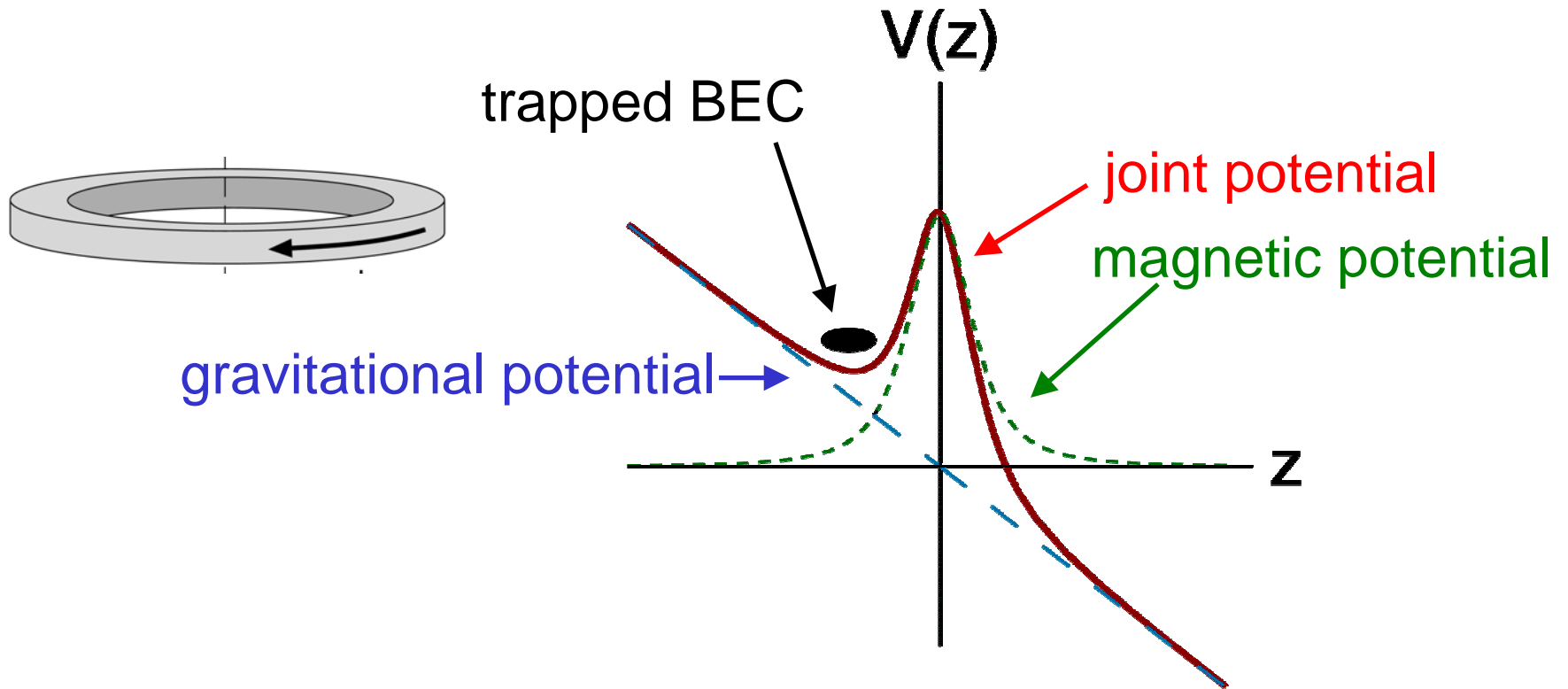


# Gravito-Magnetic Trap



- Single coil carrying current  $I_S$  levitates atoms against gravity with magnetic field gradient  $\sim 8$  G/cm.

# Gravito-Magnetic Trap



- Single coil carrying current  $I_S$  levitates atoms against gravity with magnetic field gradient  $\sim 8$  G/cm.
- Stable vertical confinement for  $|z| > R/2$  above coil.

